

Meeting Date
08/04/15



AGENDA	
Section	RESOLUTION
Item No.	I.B.

AGENDA REPORT
 BREVARD COUNTY BOARD OF COUNTY COMMISSIONERS

SUBJECT:	RESOLUTION, RE: PROCLAMATION HONORING AGING MATTERS IN BREVARD'S 50 YEAR ANNIVERSARY (D2)
DEPT/OFFICE:	HOUSING & HUMAN SERVICES DEPARTMENT

Requested Action:
 It is requested that the Brevard County Board of County Commissioners recognize Aging Matters of Brevard for 50 years of distinguished service to the citizens of Brevard County.

Summary Explanation & Background:

During the May 14, 2015 Brevard Commission on Aging meeting, a motion was brought forth and unanimously approved to recognize Aging Matters of Brevard for their 50th Anniversary Celebration. Aging Matters, formerly known as The Community Services Council, was incorporated as a not-for-profit organization in 1965 to promote the general welfare of Brevard County. Aging Matters continues to be a community leader in senior programming by providing comprehensive and coordinated services.

Cindy Flachmeier, representing Aging Matters of Brevard, will accept the resolution.

Fiscal Impact: FY 14/15 – There will be no economic impact to the General Fund.
15/16 - There will be no economic impact to the General Fund.

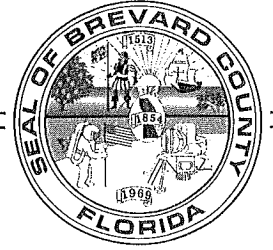
Name: Chenita Joiner, Community Development and Resource Manager *CJ*
 Phone: 633-2007

Clerk to the Board Instructions:

Exhibits Attached: Resolution

Contract /Agreement (If attached):	Reviewed by County Attorney	Yes <input type="checkbox"/>	No <input type="checkbox"/>	PR <input type="checkbox"/>
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County Manager	Assistant County Manager, Mel Scott	Department Director/ Extension
Stockton Whitten	Assistant County Manager, Venetta Valdengo <i>Venetta Valdengo</i>	<i>Ian Golden</i> Ian Golden x52007



Tammy Etheridge, Clerk to the Board, 400 South Street • P.O. Box 999, Titusville, Florida 32781-0999

Telephone: (321) 637-2001
Fax: (321) 264-6972

August 5, 2015

MEMORANDUM

TO: Commissioner Jim Barfield, District 2

RE: Item I.B., Resolution Proclaiming Aging Matters the Brevard's 50 Year Anniversary

The Board of County Commissioners, in regular session on August 4, 2015, adopted Resolution No. 15-111, recognizing Aging Matters of Brevard for 50th years of distinguished services to the citizens of Brevard County, and congratulated the Board of Directors and Leadership Team for a job well done. Enclosed is a copy of the Resolution.

Your continued cooperation is always appreciated.

Sincerely,

BOARD OF COUNTY COMMISSIONERS
SCOTT ELLIS, CLERK

Tammy Etheridge

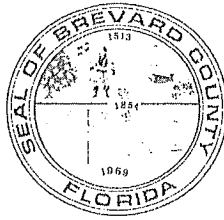
Tammy Etheridge, Deputy Clerk

/dt

Encl. (1)

cc: Community Development and Resource Manger

Brevard



County

BOARD OF COUNTY COMMISSIONERS

Resolution

WHEREAS, AGING MATTERS, formerly known as The Community Services Council, was incorporated as a not-for-profit organization in 1965, to promote the general welfare of Brevard County; and

WHEREAS, in the late 1960's and early 1970's, AGING MATTERS helped establish a variety of beneficial programs such as the Senior Helpline and the Retired and Senior Volunteer Program; and

WHEREAS, in 1974, in conjunction with the Older American's act, AGING MATTERS began their Meals on Wheels program in Brevard and today continue to feed more than 2,200 eligible seniors every day; and

WHEREAS, in the early 1980's through Community Care for the Elderly funding, AGING MATTERS began providing personal care and support services to seniors in need, which expanded into their Community Home Services program in 1999 and continues today; and

WHEREAS, with the acquisition of the Sunflower House in 2006, AGING MATTERS continued the operation of this invaluable Senior Resource and Caregiver Center which provides invaluable services for seniors and their loved ones in Brevard County; and

WHEREAS, with the addition of their Vets Driving Vets program in 2013, AGING MATTERS has been able to provide needed transportation to local Veterans for visits to medical appointments, hospitals, pharmacies, and grocery stores:

NOW, THEREFORE, BE IT RESOLVED, THAT THE BOARD OF COUNTY COMMISSIONERS OF BREVARD COUNTY, FLORIDA, does hereby recognize and commend

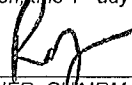
AGING MATTERS

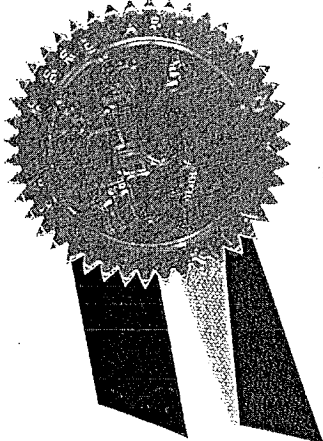
for 50 years of distinguished service to the citizens of Brevard County, and congratulates the Board of Directors and Leadership Team for a job well done.

DONE, ORDERED, AND ADOPTED in regular session, this 4th day of August, A.D., 2015.

ATTEST:


SCOTT ELLIS, CLERK


ROBIN FISHER, CHAIRMAN
BOARD OF COUNTY COMMISSIONERS
BREVARD COUNTY, FLORIDA



**PROCLAMATION HONORING AGING MATTERS IN BREVARD
50 YEAR ANNIVERSARY**
(Please Frame)

WHEREAS, Aging Matters, formerly known as The Community Services Council, was incorporated as a not-for-profit organization in 1965 to promote the general welfare of Brevard County; and

WHEREAS, in the late 1960's and early 1970's, Aging Matters helped establish a variety of beneficial programs such as the Senior Helpline and the Retired and Senior Volunteer Program; and

WHEREAS, in 1974, in conjunction with the Older American's Act, Aging Matters began their Meals on Wheels program in Brevard and today continue to feed more than 2,200 eligible seniors every day; and

WHEREAS, in the early 1980's, through Community Care for the Elderly funding, Aging Matters began providing personal care and support services to seniors in need, which expanded into their Community Home Services program in 1999 and continues today; and

WHEREAS, with the acquisition of the Sunflower House in 2006, Aging Matters continued the operation of this invaluable Senior Resource and Caregiver Center which provides invaluable services for seniors and their loved ones in Brevard County; and

WHEREAS, with the addition of their Vets Driving Vets program in 2013, Aging Matters has been able to provide needed transportation to local Veterans for visits to medical appointments, hospitals, pharmacies, and grocery stores.

NOW, THEREFORE, BE IT RESOLVED THAT THE BOARD OF COUNTY COMMISSIONERS OF BREVARD COUNTY, FLORIDA, does hereby recognize

Aging Matters

for 50 years of distinguished service to the citizens of Brevard County, and congratulates the Board of Directors and Leadership Team for a job well done.

DONE, ORDERED AND ADOPTED, in regular session this 4th day of August, A.D., 2015.

ATTEST:

Scott Ellis, Clerk

*Robin Fisher, Chairman
Brevard County Commissioners
As approved by Board of August 4, 2015*

Finance

For the Year Ending December 31, 2014

Support and Revenue

State and Federal Contracts	\$3,073,299
Medicaid and Long Term Care	471,701
United Way of Brevard	283,684
Brevard County and Municipalities Contributions, Other Income and Interest	161,754
536,240	
Client Contributions	421,451
Donated Services and Materials	288,974
Other Income from Catering Sales	348,006
Total Revenue	\$5,585,109

Expenses

Payroll and Benefits	\$2,728,078
Staff Travel and Training	130,668
Food and Kitchen Supplies	665,921
Occupancy, Communications and Insurance	218,994
Printing and Supplies	177,772
Professional Fees and Audit	105,177
Subcontracted Services	876,219
Use of Donated Services and Materials	288,974
Volunteer Recognition and Expenses	56,519
Equipment and Depreciation	115,709
Other Expenses	77,218
Total Expenses	\$5,441,249
Excess of Revenue over Expenses	\$ 143,860

Donated volunteer time not included above \$1,281,688

**Remember Aging Matters
in Your Planned Giving**

A note from the CEO

Aging Matters is celebrating its 50th Anniversary! From its beginnings as a planning agency through its transition into a lead senior serving agency, we have a lot to celebrate. All are welcome to join us as we enjoy parties, conduct two open houses, facilitate a community forum on aging, and give one of our favorite programs a new name. Check out our website and new Facebook page for details.

In 1965, Community Services Council of Brevard incorporated as a planning agency and was instrumental in the development of many community non-profits. When the social service community stabilized, the agency moved into senior services.

We have grown over the years - adding new programs and always investigating innovative opportunities. Our mission focuses on helping seniors age in place, and we are now beginning to expand our programs to address the needs of disabled adults whose range of services are severely limited.

We would not be where we are today without the help of a community that supports and guides us; there are no words to express our gratitude. These community heroes include the corporate founders and hundreds of community leaders who have donated their time, expertise, and treasure as Board Directors.

Our success is also the result of 50 years of devoted employees, volunteers, and donors. We especially want to thank Irene Burnett, our first Executive Director, and the family of Bill Hoskinson, who led the agency for 27 years.

It takes hard work to care for more than 5,000 seniors a year with 140 staff and a corps of nearly 2,000 volunteers. Tirelessly, these individuals nourish our seniors physically, emotionally, and spiritually.

Time never stands still. In 2015, we are strategically planning our next 50 years, because it will be here before you know it!

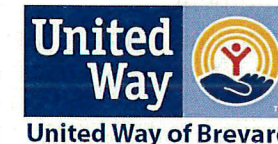
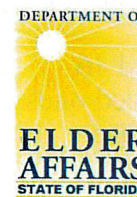
-Cindy Flachmeier

Mission Statement

Aging Matters in Brevard, a non-profit organization, develops solutions to community problems, promotes and maintains independence, and maximizes the quality of life for the citizens of Brevard County, particularly the elderly and disabled adult.

Funding Sources

- United Way of Brevard
- State of Florida Department of Elder Affairs
- Senior Resource Alliance
- Corporation for National & Community Service
- Brevard County Board of County Commissioners
- Community Development Block Grants
- Local corporations and employee groups
- Civic organizations
- Seniors who receive services
- Bequests and memorials
- Donations from people like you!



Leadership Team

- Cindy Flachmeier** *President/CEO*
Jeanne Hakkila-Wills *Vice President of Mission Advancement*
Heather Dimmig *Vice President of Operations*
Michele Dillman *Chief Financial Officer*

2015 Executive Officers

- Mary Grace Murphy** *Chair*
Ryan Brandt *Vice-Chair*
Kevin Houston *Treasurer*
Cindy Flachmeier *Secretary*

Board of Directors

- | | |
|--------------------------|--------------------------|
| Mary Ann Alderman | Carl Larrabee, Jr |
| Steven Allender | Patti Lay |
| Gita Bhalani | Pat Manning |
| Michael Cadore | Ethel Newman |
| Pam Cavanaugh | Arty Pagan |
| Cindy Hambidge | Joe Robinson |
| Tony Hurt | Bob Stover |
| Beverly Jones | Robin Wagoner |
| Tom Kasica | Louis Wilson |

IN BREVARD

Annual Report 2014

Serving the Matters of Aging Since 1965

Learn

Support

Honor

Independence

Main Administration
 3600 West King St.
 Cocoa, FL 32926
 321-639-8770

Brevard Community Kitchen
 455 Rosa L. Jones Blvd.
 Cocoa, FL 32922
 321-636-9901

Sunflower House
 777 E. Merritt Island Cswy.
 Merritt Island, FL 32952
 321-452-4341

www.AgingMattersBrevard.org • (321) 639-8770



Brevard Senior Nutrition Program

- Hot, nutritious meals were served to 2,218 seniors receiving Meals on Wheels or attending a neighborhood Seniors at Lunch meal site.
- Meals on Wheels volunteers delivered 188,770 meals to 1,558 homebound seniors.
- Six hundred and seventy-five (675) Meals on Wheels volunteers donated 57,932 hours of service and traveled 41,614 miles.
- At eleven neighborhood dining sites, six hundred and sixty (660) Seniors at Lunch participants were served 62,869 meals.
- One hundred and eighty-six (186) Seniors at Lunch volunteers donated 14,575 hours of service.

The Kitchen

- The Kitchen prepared and delivered 358,410 meals to Meals on Wheels recipients, Seniors at Lunch sites, adult day centers, child day care centers, the children's summer lunch program, and charter schools.
- In partnership with United Way of Brevard and local corporations, 1,005 meals were delivered on 7 Saturdays by corporate employees.
- The Kitchen served 1,555 meals to low-income children attending summer lunch programs.
- The Kitchen catered 65 functions, serving 5,773 meals.

The Sunflower House

- Seven hundred and fifty-seven (757) individuals received information about community resources available for seniors and caregivers.
- Education on agency programs and services was provided at 100 health fairs, community events, presentations to community organizations, and civic organizations.

- Twenty (20) volunteers donated 5,186 hours of service answering phone calls and providing information and referrals to seniors and their caregivers.
- Seventy-five (75) seniors participated in 97 hours of classes involving chair exercise, weight lifting, and range of motion exercise.
- The Caregiver Support Program assisted 46 caregivers in caring for their elderly loved ones through the provision of 478 hours of case management.

- Caregivers and their families received 2,007 hours of in-home respite care and 7,017 hours of adult day care.
- The GRANDParenting Again Program provided supportive services to 20 grandparents who are primary caregivers for 57 minor relative children through the provision of 93 hours of case management.
- Seniors and grandparents received 90 hours of individual and group gerontological counseling to help them work through mental, emotional, and social adjustment issues related to the aging process and to support them in transitioning to a life beyond caregiving.

- Family caregivers and grandparents received two hundred and nineteen (219) hours of caregiver training and support, which includes support for caregivers caring for family members with dementia, support through the bereavement process, and support for grandparents in caring for their grandchildren.
- Consumable medical supplies totaling \$22,259 were provided to caregivers and seniors, while the Medical Equipment Bank distributed 216 wheelchairs, walkers, canes, bedside commodes, and shower chairs.

Senior Transerve & Vets Driving Vets

- Sixty-nine (69) Senior Transerve volunteers traveled 48,100 miles, and thirty-three (33) Vets Driving Vets drivers traveled 28,865 miles using their own vehicles and fuel to transport 292 unduplicated, non-driving senior and veteran clients.

- Transportation includes visits to medical appointments, the VA Clinic, rehabilitation facilities, hospitals, pharmacies, grocery stores, beauty and barber shops, and other important appointments.
- Twenty-five (25) drivers over 60 were given free CarFit evaluations to ensure proper fit in their vehicles.

Retired & Senior Volunteer Program (RSVP)

- Three hundred and twenty-nine (329) volunteers aged 55 and older provided 32,609 hours of service valued at \$614,679.
- RSVP volunteers were recruited to help support 19 not-for-profit and governmental agencies. Volunteer stations or placement sites include senior centers, sharing centers, veteran's programs, public schools, The Kitchen, the State Attorney's Office, and the Sunflower House.
- Seventy percent (70%) of volunteers are placed in programs that are focused on healthy futures, education, veteran and military families, economic opportunity, and capacity building.

Seniors Assistance Program

- The Housing Improvement team worked 7338 hours installing grab bars, building access ramps, and completing minor home repairs, helping 1,611 seniors live safely in their own homes.
- 1,249 seniors received 4,500 rides to medical offices or to Seniors at Lunch sites.
- Case management services helped 72 clients and their families obtain 3,761 hours of help with light housekeeping and respite relief.
- Brevard County Legal Aid helped 309 seniors with civil matters such as protection against foreclosure, guidance with landlord-tenant issues, protection from consumer fraud, and assistance with advanced directives.

Home Care

- Two hundred and twelve (212) seniors received 17,393 hours of assistance with shopping, light housekeeping, and meal preparation.
- One hundred (100) seniors received 11,444 hours of assistance with their personal care.
- Fifty-four (54) caregivers were provided 7,209 hours of respite relief.
- Fourteen (14) seniors received 2,091 hours of companionship to prevent social isolation and loneliness.

Home and Community Based Services

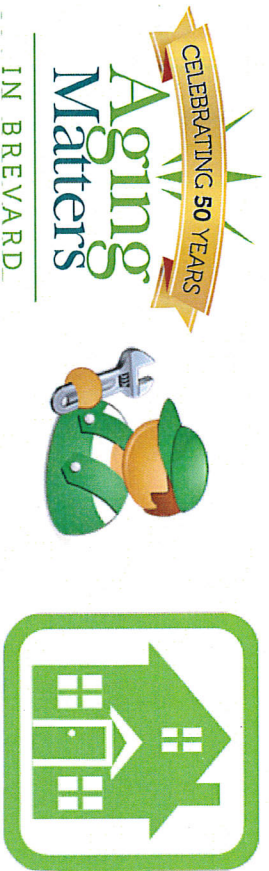
- Community Care programs helped 243 clients access \$1.15 million of in-home and community based support services. After a comprehensive in-home assessment, each client received a customized care plan to address their individual needs. Services provided included the following:
 - 60 hours of companion support
 - 21,870 hours of in-facility respite and 9,933 hours of in-home respite
 - 11,813 hours of light housekeeping assistance
 - 8,939 hours of assistance with activities of daily living including personal hygiene
 - \$60,521.42 in consumable medical supplies such as nutritional supplements, bed pads, and adult undergarments

With this help, 98% of the clients served were able to remain at home, thus avoiding nursing home placement.

Home & Community Based Care includes the following services: Homemaking, Personal Care, Respite, Adult Day Care, Pest Control, and Emergency Alert System.

Consumable Supplies: Incontinence Supplies, Medical Equipment, Nutritional Supplements, Ointments and Gloves.

SENIORS ASSISTANCE Housing Improvement Program



Are you 60 years of age or older?
Do you own your home?

The Seniors Assistance Program is here for you!!

The Seniors Assistance Housing Improvement Program has skilled handymen to provide assistance with minor home repairs or environmental modifications to help improve home accessibility and ensure the safety and security of elder home owners.

Examples of the types of services we offer include:

- Installation of interior and exterior access ramps
- Construction and installation of chair platforms and bed rails
- Installation of grab bars in bathrooms
- Minor plumbing & electrical problems
- Installation of safety and security devices such as smoke detectors and dead bolt locks for doors

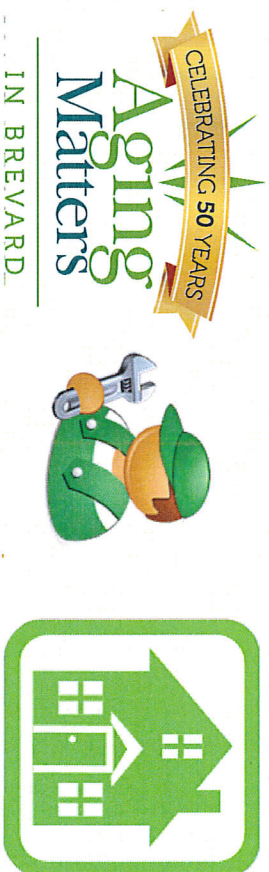
All handymen are skilled professionals who are background checked and covered by workman's compensation insurance.

FOR MORE INFORMATION, CALL (321) 631-2744

Services are provided at no cost, however donations are encouraged.

All services of the Seniors Assistance Program are funded through the Older Americans Act Title IIIB federal grant program, the Florida Department of Elder Affairs, Senior Resource Alliance, United Way of Brevard, and private donations.

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Aging Matters

HOME CARE



For over 30 years, Aging Matters in Brevard has provided quality non-medical, in-home care for seniors.

For more information about our services
Call (321) 639-6652

License No. 2999994290

By Florida Agency for Health Care Administration (AHCA)
All staff are Level II background screened, bonded,
and covered by workers compensation insurance.

Aging Matters in Brevard has been a 501(c)3 non-profit since 1965.

www.AgingMattersBrevard.org • (321) 639-8770



Senior TranServe

transportation for non-driving seniors



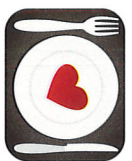
Volunteers providing safe and reliable transportation for non-driving seniors in Brevard

a service of

Aging Matters

IN BREVARD

www.AgingMattersBrevard.org • (321) 639-8770



Seniors At Lunch

group dining at 13 neighborhood sites



Providing nutrition and fellowship to seniors in Brevard

a service of

Aging Matters

IN BREVARD

www.AgingMattersBrevard.org • (321) 639-8770



Meeting Brevard's Catering Needs Since 1992

Our menu is customized for your special occasions. Choose options for breakfast, lunch and refreshment breaks.

(321) 636-9901

a service of

Aging Matters

IN BREVARD

www.AgingMattersBrevard.org

RSVP

Lead With Experience



*America's largest volunteer network for people age 55 and over
Serving our local communities*

a service of

Aging Matters

IN BREVARD

www.AgingMattersBrevard.org • (321) 639-8770

Getting everything done in a day is a challenge for any of us. If the years have slowed us down or if a disability has put obstacles in our way, this challenge can seem overwhelming. That's why Aging Matters offers **Home Care**.

The Aging Matters in Brevard difference is in the **continuum of care** we offer. Our services include Meals on Wheels, Seniors At Lunch, a variety of transportation options, handyman services, caregiver support, and much more.

Home Care Services Offered Include:

- » **Homemaking** – preparation of light meals, mopping, dusting, vacuuming, laundry, and errands
- » **Companion Services** – companionship to alleviate loneliness and isolation
- » **Respite Care** – caregivers receive a much needed break from day-to-day responsibilities
- » **Personal Care** – assistance with bathing, grooming, dressing, or other hands-on care by certified nursing assistants and trained home care aides
- » **Chore Services** – heavy duty cleaning and housework
- » **Shopping Assistance** – home care aides shop for clients' basic needs

If you need some extra help or if you are a caregiver and you can't be there, Aging Matters **Home Care** can provide a safe, healthy environment while giving you peace of mind. From rise-and-shine until bedtime and everything in between, trust the professionals at Aging Matters in Brevard.

For non-medical personal care for Brevard County residents who are 60 and over or adults with disabilities, please call our Registered Nurse Administrator at (321) 639-6652 to access these vital services.

www.AgingMattersBrevard.org • (321) 639-8770

Senior TranServe helps seniors to maintain their independence and quality of life by enabling them to access medical appointments, shop for groceries, and visit loved ones in hospitals or rehabilitation centers. Transportation is also available for select daytime social or volunteer activities.

Seniors must be 60 years of age or older, ambulatory, and capable of entering and exiting a vehicle by themselves. A seven day advance notice for all transportation is requested.

Volunteers provide all transportation in their personal vehicles. Volunteers are 21 or older, carry Florida auto insurance, and participate in a background check and training courses to qualify to volunteer.

Transportation is offered at no charge to seniors, but we depend on donations to help offset the cost of running this service.

For more information on requesting transportation, volunteering, or donating, call (321) 806-3729.

We welcome any feedback about our service.

Additional funding for Senior TranServe is provided by:



www.AgingMattersBrevard.org • (321) 639-8770

Seniors At Lunch is held at various locations around the county every weekday and provides hot meals and activities to Brevard's seniors. Scheduled activities include games, speakers, entertainment, holiday celebrations, and music. Bus transportation is provided to many participating centers.

Qualifying individuals must be aged 60 or over. Seniors At Lunch is also open to those younger than 60 if they are married to an eligible senior or if they live at a participating neighborhood meal site and there are open seats.

For more information on Seniors At Lunch, contact the program office at (321) 639-8770.

If you are senior friendly and would like to volunteer, contact the program office at (321) 639-8770 to find a Seniors At Lunch site near you. All applicants must be able to pass a background check to qualify as a volunteer.

These meals are provided at no cost to eligible seniors, and we depend on your donations to help offset the cost of running this service.

For more information about making a special donation or including Seniors At Lunch in a will, please call (321) 639-1236.



www.AgingMattersBrevard.org • (321) 639-8770

Retired Senior Volunteer Program (RSVP), Your Invitation to Make a Difference

The crossroads between work and retirement are being redefined by nearly 500,000 volunteers throughout the country who are using a lifetime of skills and experience to tackle tough issues in their communities.

RSVP is America's largest volunteer network for people age 55 and over. Join RSVP and you join a team of volunteers who make a meaningful and measurable difference for those in need in Brevard County.

With RSVP, you choose how and where you want to serve. You choose the amount of time you want to give. And you choose whether you want to draw on your skills or develop new ones. In short, you find the opportunity that's right for you.

With RSVP, you'll receive pre-service orientation, training from the organization where you serve, and supplemental insurance while on duty.

And remember: When you volunteer, you're not just helping others—you're helping yourself.

Volunteering leads to new discoveries and new friends. Plus, studies show that volunteering helps you live longer and promotes a positive outlook on life.

For more information call (321) 631-2749.



www.AgingMattersBrevard.org • (321) 639-8770

The Kitchen
Are you looking for a full array of delicious for private parties, special events, and corporate events? The Kitchen Catering Service offers cuisine that to all tastes and fits all food centered occasions personally works with you to ensure your meal event is a success.

From a simple sandwich or a cheese & fruit platter banquet buffet, we take your ideas seriously and lessen the stress of planning while designing a menu that fits your taste, ambiance, and budget.

We are Proud to Offer...

- Customized Menu for all Events
- Traditional and Current Entrees
- Elegant Buffet with Carving Station
- Assortment of Hot & Cold Menu Options
- Box Lunches
- A Variety of Cold Salads, Sandwiches & Wraps
- Light and Healthy Hors d'oeuvres
- Croissant & Sandwich Trays
- School Lunch & Meat Platters
- Assorted Desserts
- Rolls, Breads
- Specialty & Family Platters
- Assorted Beverages

25 person minimum

*Aging Matters in Brevard is an approved vendor of the Department of Education and the Department of Health Services for adult and child day programs.

Proceeds from The Kitchen Catering Service supplement critical community services including Meals on Wheels and Seniors at Lunch.

For more information on how you can meet your catering needs please call (321) 636-9901

www.AgingMattersBrevard.org

WE ARE
Meals On Wheels
So no Senior goes hungry™

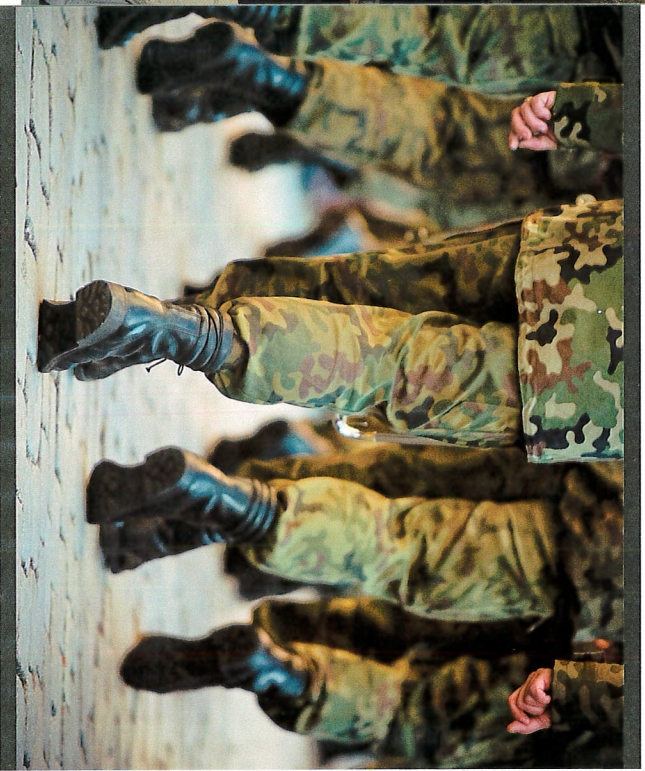


*Delivering hot, well-balanced
meals to homebound seniors
in Brevard*

a service of

Aging Matters
IN BREVARD


Vets Driving Vets
mission driven
An initiative of the Corporation for
National & Community Service



*Volunteer veterans providing safe and
reliable transportation for low-income
veterans in Brevard*

a service of

Aging Matters
IN BREVARD

Aging Matters
IN BREVARD
Formerly Community Services Council

**Serving The
Matters Of
Aging Since
1965**

Main Office
3600 W King St
Cocoa, FL 32926
321-639-8770

Meals On Wheels allows senior adults to remain living on their own even when they are no longer able to prepare hot, nutritional meals.

Trained volunteers visit each weekday around noon, providing Brevard seniors with a hot meal, a friendly visit, and a safety check. They can refer participants to additional services and can initiate an emergency response if necessary.

If you or someone you know is over 60, homebound, and nutritionally at-risk, call the program office at **(321) 639-8770** and let them know you wish to participate in the Meals On Wheels program. There will be an in-home interview to determine if the applicant qualifies for the program.

If you care about the elderly and would like to bring smiles and hot meals to those who are homebound, you can be a Meals On Wheels volunteer! It's a two-hour commitment one day a week.

All you need is a car, a driver's license, and auto insurance. Call (321) 639-8770 or from Micco, call (321) 984-9270 for more information. All applicants must be able to pass a background check to qualify as a volunteer.

These meals are provided at no cost to eligible seniors, and we depend on your donations to help offset the cost of running this service.

For more information about making a special donation or including Meals On Wheels in a will, please call (321) 639-1236.



www.AgingMattersBrevard.org • (321) 639-8770

Serving the Matters of Aging Since 1965

www.AgingMattersBrevard.org

Vets Driving Vets helps increase low income veterans' access to health care by providing them with safe, dependable transportation to the Veteran's Administration Outpatient Clinic in Viera, other health care providers, and basic needs destinations.

Access to health care impacts overall physical, mental, and social health status, aids in the prevention of disease and disability, initiates the treatment of medical conditions, and improves overall quality of life.

The National Coalition of Homeless Veterans notes that the most effective programs for "at-risk" veterans are community-based, non-profit programs where veterans assist other veterans in need. **Vets Driving Vets** is that program providing personalized, door-to-door transportation service to low-income veterans from a fellow veteran.

Veterans must be ambulatory and capable of entering and exiting a vehicle by themselves. A seven-day advance notice for all transportation is requested.

Volunteer veteran drivers provide all transportation in their personal vehicles. Volunteers are 21 or older, carry Florida auto insurance, and participate in a background check and training courses to qualify to volunteer.

Transportation is offered at no charge to veterans. Donations to help offset the cost of running this service are greatly appreciated.

For more information on requesting transportation, volunteering, or donating, call (321) 806-3779.



www.AgingMattersBrevard.org • (321) 639-8770

Newsletter August 2015



a service of



Memory Loss: The Search For A Cure

Monday, August 10 from 12:30-1:30
(Lunch provided at 12:00)

Join Lisa Eade, MA, for a free seminar on the mind and memory. Learn about normal aging, signs of abnormal memory loss, as well as the new and emerging sciences of dementia and Alzheimer's disease.

Also, sign up for your free memory test!

Please RSVP to the Sunflower House at 321-452-4341.

Caregiver Education and Resource Program For Current and Future Caregivers

Mondays and Thursdays
August 24, 27, and 31 & September 3, 10, and 14
1:00-2:30

Caring for another person is often one of the most demanding experiences a person may face in his or her lifetime. This 6 week class is presented by Barbara Borman, RN, of Hospice of St. Francis and is a national curriculum designed specifically for caregivers by caregivers.

Topics include:

- The Experience of Caregiving
- Important Decisions and Communication
- Community and Personal Relationships
- Care of Self with Care of Others
- Meaning, Purpose, and Finality of Life
- Grief and Bereavement

Please RSVP to Barbara Borman at (321) 269-4240 ext. 3452.

Hurricane Preparedness Presentation

Wednesday, August 5 from 1:00-2:00

*When a hurricane strikes—
Know what you need to do to be prepared.*

Presentation will include:

What is a Hurricane?
Your Personal Plan of Action
The Official Hurricane Survival Guide
Important Phone Numbers
And MORE



Please RSVP to the Sunflower House at 321-452-4341.



Questions about Medicare?

Wednesday, August 12 from 10:30-11:30

Are you turning or have you recently turned 65? Do you need Medicare now? Get answers to your Medicare questions with a licensed insurance agent from CarePlus.



Sunflower House Walkers Kick-Off Event and Mini Health Fair

Wednesday August 20 from 9:00-1:00



8:45-Walkers meet at Sunflower House
9:00-Walkers receive T-Shirts
9:00-10:00-Walk
10:00-1:00 Mini Health Fair

Enjoy FREE Health Screenings and Refreshments

Vendors Include:

HealthSouth Sea Pines - BMI and Balance Checks
Visiting Nurse Association (VNA) - Blood Pressure
Doctor's Goodwill Foundation - Bone Density Screening
Walgreen's - Immunizations and Prescription Review
Sports Authority - Proper Footwear
Compass Research - Brain Games
CarePlus - Medicare Information



FREE Giveaways and Prizes

Find out how you can become part of the
Sunflower House Walkers

Please RSVP to the Sunflower House at 321-452-4341

Medical Equipment Bank



The Sunflower House currently maintains a medical equipment bank. We accept donations of wheelchairs, walkers, and other medical equipment. **At this time, we are in need of wheelchairs, shower benches, transport chairs, and walkers with seats.** Our medical equipment bank loans equipment to individuals age 60 and older and caregivers of seniors in need for both short-term and long-term use.

Please call (321) 452-4341 with questions or to donate.

Friday Afternoon at the Movies

**Please join us for a movie and refreshments
Fridays at 1:00**



This month we are showing the
following movies:

August 7	Murder with Mirrors
August 14	The Sum of All Fears
August 21	Hyde Park on Hudson
August 28	Till Clouds Roll By

Movies subject to change due to availability.

August 2015 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Exercise Class 11:00-12:00	4 Walkers 9:00-10:00 Memory Screenings 12:30-2:30	5 Dementia Support Group 10:30-12:00 Hurricane Preparedness 1:00-2:00	6 Walkers 9:00-10:00 SHINE 10:00-1:00 Bereavement Support Group 2:30-4:00	7 Exercise Class 11:00-12:00 Movie 1:00-3:00 <i>Murder with Mirrors</i>	8 Humane Society 1:00-3:00
9	10 Exercise Class 11:00-12:00 Memory Loss: The Search For a Cure 12:30-1:30 FREE Lunch at 12:00	11 Walkers 9:00-10:00 Caregiver Life Transitions 8:00 @ SFH Field Trip and Luncheon	12 Medicare Questions from CarePlus 10:30-11:30 Caregiver Support Group 1:00-2:30 VITAS M.I. Sewing Group 1:00-3:00	13 Walkers 9:00-10:00 SHINE 10:00-1:00 VNA Blood Pressure Screenings 10:30-12:00	14 Exercise Class 11:00-12:00 Movie 1:00-3:00 <i>The Sum of All Fears</i>	15 GRANDParenting Again Support Group 11:00-1:00
16	17 Exercise Class 11:00-12:00 SHINE 12:00-4:00 Estate Planning 12:30-2:00 (Lunch Provided)	18 Walkers 9:00-10:00 Memory Screenings 12:30-2:30	19 Dementia Support Group 10:30-12:00	20 Walkers Kick-Off and Mini Health Fair Event 9:00-1:00	21 Exercise Class 11:00-12:00 Movie 1:00-3:00 <i>Hyde Park on Hudson</i>	22 Humane Society 1:00-3:00
23	24 Exercise Class 11:00-12:00 Caregiver Ed. Program 1:00-2:30	25 Walkers 9:00-10:00 Caregiver Life Transitions 1:30-3:00	26 Caregiver Support Group 1:00-2:30 VITAS M.I. Sewing Group 1:00-3:00	27 Walkers 9:00-10:00 SHINE 10:00-1:00 Caregiver Ed. Program 1:00-2:30 Hobbs ALF 2:45-4:45	28 Hospice of St. Francis Volunteer Recruitment 10:30-1:00 Exercise Class 11:00-12:00 Movie 1:00-3:00 <i>Till Clouds Roll By</i>	29
30	31 Exercise Class 11:00-12:00 Caregiver Ed. Program 1:00-2:30					

In accordance with the Americans with Disabilities Act and Section 286.26, Florida Statutes, persons needing special accommodations to participate in this presentation should contact Deb Johnston at the Sunflower House at (321) 452-4341 at least 7 days prior to the meeting.



Resource Center For Both Seniors and Caregivers

Providing Caregiver Support: through education, training, and respite.
A Senior Gathering Spot: providing a place to meet new friends while enjoying educational, recreational and social experiences.

Funding provided by: Monique C. and George L. Brande Memorial Foundation, Inc



Volunteers Make a Difference

If you are the type of person who likes to help others, share information, and make a difference in someone's life, the Sunflower House is looking for people like you to volunteer.

Volunteers provide information about services available through Aging Matters and other community resources for family caregivers and assist with the programs and activities offered at the Sunflower House.

Volunteers are love in motion!

Please call (321) 452-4341 for more information.



Recently Called Numbers

Emergency (Fire, Police, Ambulance)	911
Brevard (General Information)	211 or (321) 632-6688
Home Care and Disability Resource Center (Elder Info)	(800) 963-5337
Senior Matters in Brevard	(321) 639-8770
Senior's Association	(800) 272-3900
Florida Alzheimer's Foundation	(321) 253-4430
Florida CARES	(321) 632-2737
Central Florida Memory Disorder Clinic	(321) 768-9575
Domestic Violence Abuse Hotline	(800) 962-2873
Electric Power & Light (Emergency)	(800) 226-3545
Florida Resource Alliance (Area Agency on Aging)	(407) 514-1800
Florida Department of Transportation	(321) 752-8080
Florida Health Services Team	(321) 633-2012

Hospitals

Orlando Health (Cocoa Beach)	(321) 799-7111
Orlando Health (Melbourne)	(321) 722-5200
Orlando Health Regional Medical Center (Melbourne)	(321) 434-7000
Orlando Health (Melbourne)	(321) 733-5725
Orlando Health Community Hospital (Palm Bay)	(321) 434-8000
Orlando Health Medical Center (Titusville)	(321) 268-6111
Orlando Health Rehabilitation Hospital (Melbourne)	(321) 984-4600
Orlando Health Medical Center (Rockledge)	(321) 636-2211
Orlando Health Medical Center (Melbourne)	(321) 752-1200
Orlando Health Veterans Outpatient Clinic	(321) 637-3788

State and National Offices

Department of Elder Affairs	(850) 414-2000
Department for Health Care Administration	(888) 419-3456
Department of Health Services Information	(800) 633-4227
Department of Financial Services	(800) 342-2762
Department of Veterans Affairs	(800) 827-1000
Department of Social Security	(800) 772-1213
Department of Health and Human Services National Institute on Aging Information Center	(800) 222-2225

Guide to



Senior & Caregiver Services

2015/2016

Published by



IN BREVARD

Serving
the Matters
of Aging
Since 1965



www.AgingMattersBrevard.org • (321) 639-8770

Aging Matters In Brevard - Programs at a Glance

Senior Support Services: Provides education, training, support, and respite caregivers responsible for the care of a loved one age 60 and over, or parents caring for their minor grandchildren. Call (321) 452-0334 for more information.

Community Care for the Elderly: Provides case management services to frail age 60 and over including the development of a care plan and assistance using community based support services. Call (800) 963-5337 for more information and to learn if you qualify.

Companion Care Program: Provides companion services, assistance with shopping, light meal preparation, non-medical personal care, and respite care. Call (321) 639-6652 for more information.

Catering: Food preparation for Meals on Wheels, Seniors at Lunch, and day centers for children and adults. Private catering is also available. Call (321) 636-9901 for more information.

Meals on Wheels: Volunteers deliver a hot, nutritious meal to the home of seniors age 60 or older who are homebound by reason of illness, disability, or other reasons. Call (321) 639-8770 for more information.

Senior and Senior Volunteer Program (RSVP): Helps match individuals age 60 and older with volunteer opportunities with local non-profit or government organizations. Call (321) 631-2749 for more information on available volunteer opportunities.

TranServe: Volunteer drivers provide transportation for ambulatory non-elderly seniors who need a ride to medical appointments, to grocery stores, or to other destinations of their choice. Call (321) 806-3729 for more information.

Home Assistance Program: Offers assistance with minor home maintenance, minor homemaking and personal care services, and legal advice for non-elderly seniors on a limited basis. Call (321) 631-2744 for more information.

Seniors at Lunch: Seniors age 60 and over receive a nutritionally balanced meal, social contact, and entertainment at neighborhood dining sites located throughout the county. Call (321) 639-8770 for more information. Transportation is provided to some sites.

Senior Cost: Provides homemaking, personal care, and respite services for seniors who can afford only a partial payment of the service cost. For more information, call (321) 639-6652.

Senior Center House: A Senior and Caregiver Resource Center offering information, referrals, training, support, and social activities located at the Community Square Mall. Call (321) 452-4341 for more information.

Senior Driving Vets: Veteran volunteer drivers provide transportation to fellow seniors who need a ride to the VA Clinic, medical appointments, and other basic destinations. Call (321) 806-3779 for more information.

Helpful Web Sites

Federal

www.aoa.gov	Administration on Aging
www.ssa.gov	Social Security Administration
www.va.gov	US Department of Veterans Affairs
www.medicare.gov	Official US Government site for Medicare
www.cms.hhs.gov	Centers for Medicare and Medicaid Services

State

www.FloridaHealthFinder.gov	Lists licensed providers by type of service and location. Includes senior section with a variety of informative brochures for seniors and caregivers.
http://elderaffairs.state.fl.us	Florida Department of Elder Affairs provides information on a variety of programs offered to help seniors maintain their independence.
www.FLHealthSource.com	Florida Department of Health provides licensing information for healthcare professionals.
www.fldfs.com	Florida Department of Financial Services provides consumer publications for health and long term care insurance.
www.dcf.state.fl.us	Florida Department of Children and Families provides applications for food assistance and other benefits.

Local / Regional

www.AgingMattersBrevard.org	Aging Matters in Brevard
www.seniorresourcealliance.org	Senior Resource Alliance/ Area Agency on Aging
www.brevardcounty.us/bcoa	Brevard Commission on Aging
www.brevardalzheimers.org	Brevard Alzheimer's Foundation
www.brevardcares.org	Brevard C.A.R.E.S
www.ecfmdc.org	East Central Florida Memory Disorder Clinic
www.211brevard.org	211 Brevard Information and Services database
www.alz.org/cnfl	Alzheimer's Association Central and North FL
www.uwbrevard.org	United Way of Brevard

Section VI – Veterans Affairs

Veterans of the U. S. Armed Forces may be eligible for a variety of services provided by the Department of Veterans Affairs (VA). Eligibility for benefits is based on dates of service, status at the time of discharge, service related injuries, and a variety of other conditions specific to the assistance requested. The VA offers health care services, services for veterans with service-connected disabilities, pensions, education and training, home loans, life insurance, burial and memorial benefits, and transition assistance.

Brevard County Veterans Service Team

Brevard County has a nationally accredited Veterans Services Team to help veterans and their family members complete and submit claims to ensure they receive the full benefits to which they are entitled.

To Contact the Brevard Veterans Service Team, call (321) 633-2012 or visit: www.brevardcounty.us/HumanServices/VeteransServices

VA Clinic at Viera

Brevard County is also home to a 107,000 square foot outpatient clinic. The clinic provides both primary and specialty care including outpatient surgery, psychiatry, physical medicine and rehabilitation, neurology, orthopedics, dentistry, geriatrics, radiology, and Tele-Care Services.

The clinic is located at 2900 Veterans Way, Viera FL, 32940.
For additional information, call (321) 637-3788 or (877) 878-8387.

Vets Driving Vets

Vets Driving Vets volunteers provide transportation for ambulatory, low-income veterans within Brevard County to the Veterans Administration Clinic, medical facilities, grocery stores, and other basic needs destinations. There is no fee for service; however, the program depends upon donations to help offset programmatic costs. The program requires at least a seven-day advance notice. Vets Driving Vets is a program of Aging Matters in Brevard. To request a ride or to volunteer as a driver, please call (321) 806-3779.

A Guide to Senior and Caregiver Services in Brevard County

This publication is made possible through funding from the Older Americans Act National Family Caregiver Support Program, Florida Department of Elder Affairs, the Senior Resource Alliance, Brevard County Board of County Commissioners, United Way of Brevard, and Aging Matters in Brevard. Information is presented for the use of caregivers and seniors. Any errors or omissions are regretted.



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Cocoa, FL 32926
321-639-8770

www.AgingMattersBrevard.org

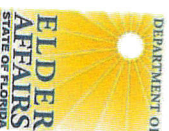


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4. Death Certificate

For any person who dies in Brevard County, a death certificate is filed with the county's Vital Statistics Office. Copies are available for a fee. A death certificate is required for insurance and legal processes. Many times a funeral home will make arrangements for certificates to be purchased for the family. In addition, death certificates may be requested in person at the Department of Health, 2575 N Courtenay Parkway, Suite 104, Merritt Island, FL 32953. You must specify if you want the cause of death listed on the certificate. Certificates may also be requested by sending a letter to the above address with a check made out to the Brevard County Health Department for the appropriate fee for each certificate. For further information, call the Vital Statistics Office of the Brevard County Health Department at (321) 454-7163.

Brain Bank

To confirm a diagnosis of Alzheimer's disease, a brain autopsy must be completed. Families may pre-register with the State of Florida Brain Bank to receive the autopsy at no cost. The family must agree to provide tissue for Alzheimer's research as well as provide information for pathological studies. The autopsy program provides valuable information to continue the research on Alzheimer's disease.

For more information, contact the Alzheimer's and Dementia Resource Center at (800) 330-1910 or (407) 843-1910 or visit: <http://www.adrccares.org/brain-bank-research-program/>



Section V – Funeral & Cremation Services

The death of a loved one is always traumatic and sets in motion a difficult and sometimes complex process. Ideally this process will have been planned for by the decedent before the fact, utilizing the “pre-need” services of a funeral home, or through prior counseling on the process from service providers. The laws governing this process are complex and are governed through comprehensive regulations.

Outline of Process

1. Death Occurs

If death occurs at home, call 911. The local Police Department or Sheriff’s Department will send an officer who will observe the situation, interview the caller, and complete a formal report of the circumstances. The police officer will make all necessary calls for the family and will ensure that all reports are filed. If death occurs in a hospital or at home under Hospice care, that organization normally will take the necessary first steps.

2. Medical Examiner

The Medical Examiner (office in Rockledge) must sign the death certificate attesting to the cause of death. Normally the Medical Examiner will do so without examination of the deceased if an attending physician is available to sign the death certificate. The police officer will contact the attending physician and/or the Medical Examiner.

3. Funeral or Cremation

Ideally a funeral home or firm will be selected before the fact. The firm should be called as soon as possible after death. The police officer, hospital, or hospice will make the call if indicated.

The Brevard County Housing and Human Services Department, Community Resources Action Team, may provide funds for cremation assistance for an indigent person who has no relatives or resources who can assume the responsibility.

For more information, call (321) 633-1951 in Cocoa, or (321) 633-2007 in Melbourne, or visit: www.brevardcounty.us/HumanServices/CommunityResources/ActionAgency

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The Older Americans Act National Family Caregiver Support Program is administered in Brevard County by Aging Matters in Brevard. The program provides 5 basic services for family caregivers including:

- Information to caregivers about available services and resources
- Assistance to caregivers in gaining access to supportive services
- Support groups and caregiver training to help caregivers make decisions and solve problems related to their care giving roles
- Respite care to provide temporary relief to caregivers from their care giving responsibilities
- Consumable supplies such as medical equipment and medical supplies

To be eligible for services, you must be a family caregiver of an adult age 60 and over, a caregiver of a person with Alzheimer’s disease or a related disease (regardless of age), or a grandparent or relative caregiver of a child age 18 or under.

For more information on local services, call the Caregiver Support Program at (321) 452-0334 or the Sunflower House at (321) 452-4341.

Caregiver Resource Centers

There are several resource centers in Brevard County that help connect caregivers to supportive services in the community. These centers have professional staff that offer support and can make referrals as needed to help caregivers continue to care for their loved ones.

The Sunflower House Senior and Caregiver Resource Center

Merritt Square Mall
777 E. Merritt Island Cswy
Merritt Island, FL 32952
Phone: (321) 452-4341
Email: Sunflowerhouse@bellsouth.net
Website: www.AgingMattersBrevard.org

The Sunflower House is a Senior and Caregiver Resource Center that provides information, referrals, care management, education, training, support groups, counseling, health and wellness activities, a medical equipment bank, and social activities for family caregivers and seniors.

Estate Planning

Last Will and Testament

A Last Will and Testament is used to designate distribution of a Decedent’s assets to the Decedent’s heirs. It is a tool to ensure that an individual’s property passes in accordance with the individual’s wishes. To be valid, a will must meet specific requirements, and therefore, legal advice is recommended. If a person dies without a will, the property is passed in accordance with inheritance laws.

Probate

Probate is the process by which the Probate Court gives approval to the distribution of the property to the beneficiaries. The “personal representative” is the person representing the deceased (named in the will) who distributes the assets at the conclusion of the administration. The original will must be deposited with the Probate Court within 10 days of the Decedent’s death. Thereafter, the Court will determine the Will’s validity as part of the probate process.

Estate Taxes

An “inheritance tax” is a tax imposed on the receiver of an inheritance. There are no inheritance taxes in Florida. An “estate tax” is a tax on the estate (property/assets) of the deceased person. The taxable estate is the gross amount minus deductions. The federal estate tax is reduced by a credit for the amount of the Florida taxes paid.

Trusts

A Trust can accomplish everything that a Will can do but has some advantages over a Will. The biggest advantage to a Trust is that it avoids the cost and complication of probate, allowing your successor to quickly and easily administer your estate without sacrificing any control or flexibility while you are living. A Will takes effect only upon your death, but a Trust is effective upon creation. Because a Trust takes effect during life, it has various advantages: (1) a Trust provides for the grantor’s incompetence without the complications of guardianship; (2) a Trust remains a private family matter and is not a part of public record; (3) a Trust is freely changeable and revocable during the grantor’s lifetime; (4) a Trust can include provisions to reduce or eliminate Federal Estate Taxes; and (5) Assets owned by a Trust are not subject to probate, thus reducing the cost and delays of administration, unlike a Will.

Protective Services

For all emergencies or police assistance, dial 911.

To report abuse, neglect, exploitation, or self-neglect, call the **Florida Abuse Hotline** at (800) 962-2873 (800-96-ABUSE).

State of Florida Programs

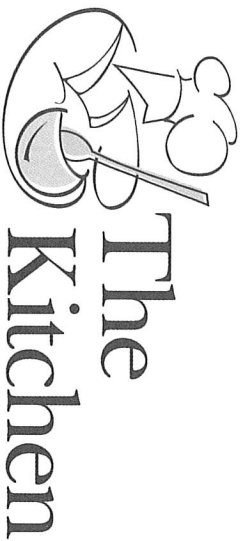
Department of Children and Families (DCF)

Protective Services Counselor

Cocoa Office: (407) 317-7000

The Adult Protective Services Program conducts on-site investigations of all reports of alleged abuse, neglect, or exploitation involving individuals aged 60 and older and adults with a disability who are unable to manage their own affairs, protect themselves, or carry out daily living activities.

The Adult Protective Services Program is designed to protect vulnerable adults from harm and ensure their safety and well-being. Services may include but are not limited to case management, counseling, financial assistance, medical care, legal aid, placement, transportation, and protective supervision.



Are you looking for a full array of delicious food for private parties, special events, and corporate meetings? The Kitchen Catering Service offers cuisine that appeals to all tastes and fits all food centered occasions. Our chef personally works with you to ensure your meeting or event is a success.

Proceeds from The Kitchen Catering Service help supplement critical community services including Meals on Wheels and Seniors at Lunch. Please call The Kitchen at (321) 636-9901 for more information.

Brevard Alzheimer's Foundation

4676 North Wickham Rd
Melbourne, FL 32935
Phone: (321) 253-4430
Website: www.brevardalzheimers.org

The Brevard Alzheimer's Foundation offers family care planning, Alzheimer's disease education and training, support groups, counseling, respite, adult day care, virtual dementia tours, free memory screening, and transportation. A Caregiver Café is offered four times per year.

The Center for Family Caregivers

3661 South Babcock St
Melbourne, FL 32901
Phone: (321) 434-7625
Website: www.CenterForFamilyCaregivers.org

The Center for Family Caregivers offers caregiver education, support groups, health and wellness activities, and "Caring for the Caregiver" - a Caregiver Survival Series by Dr. Visa.

Parrish Senior Solutions

805 B Century Medical Dr
Titusville, FL 32796
Phone: (321) 268-6800
Email: seniorsolutions@parrishmed.com

Parrish Senior Solutions provides services including advance directive planning, community resources, counseling, durable medical goods, living arrangement options, SHINE, legal referrals and advisors, Lifeline/Project Lifesaver, private duty care, support groups, and transportation options.

One Senior Place

8085 Spyglass Hill Rd
Viera, FL 32940
Phone: (321) 751-6771
Email: kathi@oneseniorplace.com
Website: www.OneSeniorPlace.com

One Senior Place provides seniors and their families with direct access to a wide range of services, including in-home senior care, care management, legal and financial assistance, Medicare home health, hospice care, and weekly senior club events and activities.

The Sunflower House Resource Center

The Sunflower House is a Senior and Caregiver Resource Center under the umbrella of Aging Matters in Brevard. It is located inside the Merritt Square Mall. The Caregiver Support Program, which is housed at the Sunflower House, offers care management, respite services, consumable supplies, support groups, counseling, educational and training opportunities, and information and referrals for family caregivers responsible for caring for a loved one age 60 and over.

The Sunflower House offers programming which includes twice weekly chair exercise classes, weekly movies, multiple caregiver support groups, a bereavement support group, brief memory screenings, classes and presentations for caregivers who are caring for a loved one with Alzheimer's disease or related dementia, and presentations on other topics important to seniors and caregivers. The Sunflower House also runs a donation-based medical equipment bank with donated wheelchairs, walkers, canes, shower chairs, and bedside commodes.

The **GRANDParenting Again** program assists individuals age 55 and over who face the challenge of raising a grandchild or other related child age 18 or younger, or a disabled adult age 19-59. This program addresses the many challenges of multigenerational households by providing a setting where participants receive emotional, financial, and legal support through counseling, homework help, parenting classes, food support and nutritional classes, and other supportive services that improve the quality of life for these multigenerational households. GRANDParenting Again also tackles the social issues that may affect these grandparents and grandchildren, such as incarceration, substance abuse, and financial difficulties.

GRANDParenting Again offers year-round peer support groups within the communities where the grandparents live. These support groups are conveniently held both during the day and the evening to allow families to attend with their grandchildren. A nutritious meal is served at each support group meeting. Volunteers provide homework help, reading, and activities for grandchildren while the grandparents attend the support group.

GRANDParenting Again staff and volunteers are trained to assist clients in gaining knowledge and access to services essential for parenting a child again within the new financial market and the new age of technology. The program supplies grandparents with a community network of organizations, churches, schools, and community centers that can provide families with activities which are typically low or no cost.

Legal Services

To find a lawyer, send a written request for a pamphlet to Consumer Pamphlets, The Florida Bar, 651 E. Jefferson St, Tallahassee, FL, 32399; call (850) 561-5600, or visit www.floridabar.org. You can also call The Florida Bar Lawyer Referral Service at (800) 342-8011.

Brevard County Law Library

2825 Judge Fran Jamieson Way
Viera, FL 32940
(321) 617-7295

The Law Library maintains a collection of legal directories, case law, statutes, legal information, and an extensive Florida collection. Statutes from other states can be requested for a fee. There are no attorneys available.

Brevard County Legal Aid

1038 Harvin Way Ste 100
Rockledge, FL 32955
(321) 631-2500

Office of the State Attorney

(Request an Elder Services Specialist)
2725 Judge Fran Jamieson Way
Bldg D
Viera, FL 32940
(321) 617-7510

Office of the Public Defender

Viera
2725 Judge Fran Jamieson Way
Bldg E, 2nd Floor
Viera, FL 32940
(321) 617-7373

Titusville
400 South Street
Titusville, FL 32780
(321) 617-7373

Insurance Assistance/Counseling - SHINE

SHINE (Serving Health Insurance Needs of Elders) offers free Medicare and health insurance education, counseling, and assistance to individuals with Medicare and their families and caregivers. SHINE is administered by the Florida Department of Elder Affairs and funded through a grant from the Centers for Medicare and Medicaid Services. Trained volunteers provide counseling and information on Medicare, Medicaid, Medicare supplemental insurance, long-term care insurance, prescription assistance, and Medicare fraud.

There are SHINE offices located throughout Brevard County. For more information or to schedule an appointment at the counseling site nearest you, call the Aging and Disability Resource Center toll free at (800) 963-5337. The SHINE website is www.floridashine.org and lists counseling sites by county. For a list of Brevard County sites, visit: www.floridashine.org/Counseling-Sites/Brevard.aspx



Retired & Senior Volunteer Program

a service of
Aging Matters
IN BREVARD

The Retired and Senior Volunteer Program (RSVP) collaborates with non-profit agencies in Brevard County to offer individuals 55 and older volunteer opportunities helping children, seniors, caregivers, veterans, and others in need. Volunteer opportunities are available with the following agencies:

Aging Matters in Brevard	Office of the State Attorney
Brevard Veterans Memorial Center	Rolling Readers Spacecoast
Central Brevard Sharing Center	South Brevard Sharing Center
Greater Palm Bay Senior Center	Take Stock in Children
Hospice of St. Francis	United Way of Brevard
Literacy for Adults in Brevard	Volunteers in Motion
Martin Andersen Senior Center	

Please contact RSVVP at (321) 631-2749 for more information or to volunteer.

For more information on the GRANDParenting Again program, contact the Sunflower House at (321) 452-4341 or GRANDParentingAgain@gmail.com.

Caregiver Life Transitions provides assistance to family caregivers who are transitioning from an active caregiving role to life beyond the care giving years as well as those who have experienced loneliness or the long struggle through a life challenge. In this support group, people share their challenges and frustrations, as well as reasons to celebrate and rejoice. This program helps participants maneuver through the grieving process while creating a “new normal” for themselves.

The adjustment to life after each challenge can seem insurmountable at the time. Caregiver Life Transitions allows individuals to get their lives back on track by returning the focus of care to their own emotional, mental, and physical needs. The program encourages empowerment of each member through the advancement of interpersonal skills to assist with a successful life transition. The focus of the program is one of looking forward and reaffirming a sense of strength and purpose while utilizing the skills and positive nature participants have cultivated as caregivers.

Caregiver Life Transitions also focuses on stabilizing the financial, emotional, and physical future of each person through peer support, educational presentations, and opportunities for social interactions, including day trips and community events. Participants openly discuss their grief, concerns, memories, and difficulties as well as their strengths, joys, gratitude, and discoveries in a safe environment where new bonds are formed, loneliness is reduced, and favorable conditions for healing can be found. The program reminds participants that they are not alone in the process of transforming their lives and creating a positive future in which to move forward.

For more information on the Caregiver Life Transitions program, contact the Sunflower House at (321) 452-4341 or email Sunflowerhouse@bellsouth.net.

Most activities at the Sunflower House are offered at no cost to eligible seniors and caregivers; however, the Sunflower House depends upon donations to help offset the cost of running the program. Please call (321) 452-4341 for more information.

Adult Day Care

Adult day care centers provide services in a protected setting to frail elders who cannot stay alone during the day but do not require in-patient care. Services may include social/recreational activities, transportation, meals, personal care, and assistance with medications. Adult Day Care programs are licensed by the Florida Agency for Health Care Administration.

All One Family Senior Day Program

585 N Courtenay Pkwy
Merritt Island, FL 32953
(321) 453-6577

River’s Edge Adult Day Care

422 Martin Rd SE
Palm Bay, FL 32909
(321) 727-7337

Heydays Senior Day Program

210 N Grove St
Merritt Island, FL 32953
(321) 474-8289

SarahCare Of Melbourne

1504 S Harbor City Blvd
Melbourne, FL 32901
(321) 676-3460

Senior Care Of Brevard

234 Willard St, Ste A
Cocoa, FL 32922
(321) 631-9014

Joe’s Club Melbourne

4676 North Wickham Rd
Melbourne, FL 32935
(321) 253-4430

Joe’s Club South

7951 Ron Beatty Blvd
Micco, FL 32976
(772) 664-9996

The Social

5200 Babcock St NE
Ste 109
Palm Bay, FL 32905
(321) 373-7000

Joe’s Club North

830 S Park Ave
Titusville, FL 32780
(321) 268-9144

Your Second Home Adult Day Care

3702 N Courtenay Pkwy
Merritt Island, FL 32953
(321) 986-8500

Medicare

This federal health insurance program is designed for people 65 and older, people of any age with permanent kidney failure, and certain disabled persons under 65. For more information about Medicare, contact the Social Security Administration at (800) MEDICARE (800-633-4227) or visit: www.Medicare.gov

Medicaid

Medicaid helps people who receive public assistance and/or have low income to meet the costs of medical care. Medicaid helps the needy of any age, as well as individuals with disabilities. The program is administered by the Florida Department of Children and Families (DCF). There are several programs with different eligibility standards. To apply, contact the ACCESS Customer Call Center at (866) 762-2237 or visit: www.myflorida.com/accessflorida

The Department of Children and Families determines financial eligibility for Medicaid, nursing home, and assisted living placement. There are other programs designed to help the medically needy that have varying eligibility requirements and benefits. These include programs that help pay Medicare premiums and Medicare coinsurance requirements and deductibles.

Guardianship

Legal guardianship is the process whereby the court appoints a guardian to be legally responsible for the management of another person’s care, finances, and property because that person is incapacitated. Emergency guardianship proceedings are available in cases involving imminent danger to the ward or improper utilization of personal or financial assets. The Statewide Public Guardianship Office, housed within the Florida Department of Elder Affairs, appoints local public guardian offices as directed by statute to provide guardianship services to persons who do not have adequate income or assets to afford a private guardian and there is no willing family or friend to serve. The Statewide Public Guardianship Office is also responsible for the registration of Professional Guardians. To speak with a Public Guardian in Brevard County, contact Aging Solutions at (321) 768-7997.

For the most current listing of Adult Day Care Centers, visit:
www.FloridaHealthFinder.gov

Support Groups

Support groups for caregivers, medical conditions, coping with grief and loss, and other issues are offered throughout the county. These groups provide emotional support, education, coping strategies, and empowerment. Due to changing schedules, please consult *Florida Today* and local weekly newspapers for current support group meetings. Listings are also available at www.FloridaToday.com and at www.211brevard.org or by calling 2-1-1 Brevard by dialing 211 in Brevard County.

The Sunflower House, a program of Aging Matters in Brevard and located at the Merritt Square Mall, offers support groups aimed at helping family caregivers cope with feelings of isolation and stress and at providing a social environment where caregivers can share their common experiences and learn coping strategies from one another. The following support groups are held each month:

- Caregiver Support Group - meets twice a month
- Dementia Support Group - meets twice a month
- Bereavement Support Group - meets once a month
- Caregiver Life Transitions - meets twice a month
- GRANDParenting Again - meets two to four times a month at multiple locations

Please call the Sunflower House at (321) 452-4341 to confirm dates and times.

Caregiver Café

The Caregiver Café is offered in the evening four times a year and provides a place for caregivers to meet other caregivers and health professionals while dining, relaxing, and receiving emotional support. Dinner and respite are provided free of charge, but reservations are required. To learn more about dates and times, please call Brevard Alzheimer's Foundation at (321) 253-4430. The Caregiver Café is sponsored by the East Central Florida Memory Disorder Clinic, Brevard Alzheimer's Foundation, the Alzheimer's Association, and Aging Matters in Brevard.

Adult Family Care Homes

Adult Family Care Homes are private residences that provide full-time, family-type living in a private home for up to five elderly individuals or adults with disabilities who are not related to the owner, who lives on site. Residents may have their own room or share a room with another person. Services may include housing, meals, personal care, medication assistance, resident supervision, transportation arrangement, health monitoring, and social activities. These homes are licensed by the Florida Agency for Health Care Administration.

Nadia Alvarez 2914 Brandywine Cir Titusville, FL 32796 (321) 567-4437	Joycie M. Johnson 2698 Hester Ave SE Palm Bay, FL 32909 (321) 327-2718	Jeannette Prophete 2460 S Courtenay Pkwy Merritt Island, FL 32952 (321) 735-0814
Kalaisha Brown 330 Del Rey St NE Palm Bay, FL 32907 (321) 604-2427	Patricia Jones 207 Olivick Cir NE Palm Bay, FL 32907 (321) 676-1714	Elizabeth Taylor 1474 Meadowbrook Rd NE Palm Bay, FL 32905 (321) 373-2187
Inez Gwendolyn Freeman 1771 Halfmoon St NW Palm Bay, FL 32907 (321) 956-3190	Bernice Laidlaw 2052 Syracuse Ct NE Palm Bay, FL 32905 (321) 951-2887	Rose Marthe Thelamont 335 Abalone Rd NW Palm Bay, FL 32907 (321) 684-8722
Marie Lisena Destine Jacques 251 Falls Church St SW Palm Bay, FL 32908 (321) 265-1881	Witza Larionne 189 Donald Ave NE Palm Bay, FL 32909 (321) 345-4177	Karen Wilkes 664 Orange Ct Rockledge, FL 32955 (321) 208-0245
Angela James 933 Hood St Palm Bay, FL 32907 (321) 984-8427	Colleen Lee 174 Sykes Loop Dr Merritt Island, FL 32953 (321) 890-9634	Joyce Williams 3968 Jupiter Blvd SE Palm Bay, FL 32909 (321) 574-5717

For the most current listing of Adult Family Care Homes, visit:

www.FloridaHealthFinder.gov

Assisted Living Facilities

Assisted Living Facilities (ALF's) provide housing, meals, personal care, and supportive services to older individuals who are unable to live independently. ALF's offer private or semi-private rooms and can vary in size from 1 resident to more than 100 residents. Some are licensed to provide extended care to residents who require more assistance so they may age in place, while other facilities are specially licensed to provide limited nursing services and mental health services. Fees vary by facility. All ALF's are licensed by the Florida Agency for Health Care Administration.

A & J Assisted Living Facility

2466 Ralph Ave SE
Palm Bay, FL 32909
(321) 327-2772

A & M Assisted Living Facility

1581 Zaffer St NW
Palm Bay, FL 32907
(754) 224-9474

A & M Assisted Living Facility II

2180 Stratford Pointe Dr
West Melbourne, FL 32904-8008
(321) 604-8853

A Place Like Home ALF

1971 Port Malabar Blvd
Palm Bay, FL 32905
(321) 693-3325

A & C God Bless ALF

235 Gaspar St SW
Palm Bay, FL 32908
(321) 557-7219

ALF At Ocean Breeze Gardens

535 Jackson Ave
Satellite Beach, FL 32937
(321) 610-7056

All One Family Dolphin Inc.

1405 Dolphin Ave
Merritt Island, FL 32952
(321) 453-6577

All One Family Woods Lake

306 Woods Lake Dr
Cocoa, FL 32926
(321) 453-6577

Angel Guardian Assisted Living

280 Bahama Dr
Merritt Island, FL 32952
(321) 848-0255

Angels On Your Shoulder

487 Godfrey Rd SE
Palm Bay, FL 32909
(321) 914-0755

Ark Center Of Brevard I

1574 Manzanita St
Palm Bay, FL 32907
(321) 574-0309

Ark Center Of Brevard II

424 Veronica Ave NW
Palm Bay, FL 32907
(321) 473-8806

Autumn House

7999 Spyglass Hill Rd
Viera, FL 32940
(321) 242-1006

B & V La Belle Vie Assisted Living

193 Eldon Blvd NE
Palm Bay, FL 32907
(321) 373-7262

Banana River Villas

1275 N Banana River Dr, Unit 5
Merritt Island, FL 32952
(321) 454-9528

Rehabilitation Agencies

Hale Hand Center

689 S Apollo St
Melbourne, FL 32901
(321) 674-5035

Select Physical Therapy

5200 Babcock St
Palm Bay, FL 32905
(321) 984-9606

Harbor City Physical Therapy

307 E New Haven Ave
Melbourne, FL 32901
(321) 953-3991

Select Physical Therapy

150 N Sykes Creek Pkwy Ste 103
Merritt Island, FL 32953
(321) 459-0303

Durable Medical Equipment

The Sunflower House at the Merritt Square Mall offers a medical equipment bank for seniors 60 and over and for family caregivers of seniors 60 and over. The equipment bank accepts donations of wheelchairs, walkers, canes, shower chairs, and bedside commodes clean and in good condition, as needed, and loans this equipment to individuals both short and long-term. The medical equipment is available at no cost to eligible seniors and caregivers; however, the Sunflower House depends upon donations to help offset the cost of running the program. Call the Sunflower House at (321) 452-4341 to schedule an appointment to donate or borrow equipment.

Several Brevard businesses provide durable medical equipment, such as wheelchairs and beds, for consumers' use in the home. Most equipment may be rented or purchased. Other organizations provide medical supplies and many offer light medical equipment such as crutches and walkers. These businesses include pharmacies, medical clinics, hospitals, and nursing homes. Some provide medical supplies in addition to durable equipment. To locate a retailer near you, consult your local phone book or the internet.



Sunflower House
community caregiver center

a service of
Aging Matters
IN BREVARD

Island Health And Rehabilitation Center	Royal Oaks Nursing And Rehab Center	Benton House Of Titusville	Candy's House Inc.
125 Alma Blvd Merritt Island, FL 32953 (321) 453-0202	2225 Knox McRae Dr Titusville, FL 32780 (321) 267-0060	497 N. Washington Ave Titusville, FL 32796 (321) 383-2112	405 Rosedale Dr Satellite Beach, FL 32937 (321) 693-1776
Life Care Center of Melbourne	Titusville Rehabilitation & Nursing Center	Bethesda On Turkey Creek	Carolina Care
606 E Sheridan Rd Melbourne, FL 32901 (321) 727-0984	1705 Jess Parrish Ct Titusville, FL 32796 (321) 269-5720	2800 Fordham Rd, NE Palm Bay, FL 32905 (321) 723-3288	2460 Kathi-Kim St Cocoa, FL 32926 (321) 449-9639
Life Care Center of Palm Bay	Viera Health and Rehabilitation Center	Blue Fountain Home Care	Carriage House ALF
175 Villa Nueva Ave Palm Bay, FL 32907 (321) 952-1818	8050 Spyglass Hill Rd Viera, FL 32940 (321) 752-1000	2440 Emerson Dr SE Palm Bay, FL 32909 (321) 914-4069	1832 Country Club Dr Titusville, FL 32780 (321) 383-3531
Melbourne Terrace Rehabilitation Center	Vista Manor	Boppa's Home 2	Casual Country Living
251 Florida Ave Melbourne, FL 32901 (321) 725-3990	1550 Jess Parrish Ct Titusville, FL 32796 (321) 269-2200	163 Aviation Ave Palm Bay, FL 32907	4801 Mango Ave Cocoa, FL 32926 (321) 632-9622
The Palms Rehabilitation and Healthcare Center	Wave Crest Health and Rehabilitation Center	Boppa's Home	Cedar Creek Life Center
5405 Babcock St NE Palm Bay, FL 32905 (321) 722-0660	1415 S Hickory St Melbourne, FL 32901 (321) 723-1321	440 Catalina Ave NW Palm Bay, FL 32907 (419) 296-3279	4279 Judith Ave Merritt Island, FL 32953 (321) 454-7768
Rockledge Health And Rehabilitation Center	West Melbourne Health & Rehabilitation Center	The Brennity at Melbourne	Century Oaks
587 Barton Blvd Rockledge, FL 32955 (321) 632-6300	2125 West New Haven Ave West Melbourne, FL 32904 (321) 725-7360	7365 Orchestra Ln Melbourne, FL 32940 (321) 253-7450	4001 Stack Blvd Melbourne, FL 32901 (321) 722-4440
		Brookdale Melbourne	Christie's Place
		1765 West Hibiscus Blvd Melbourne, FL 32901 (407) 733-7111	471 Almansa St NE Palm Bay, FL 32907 (321) 727-0905
		Brookdale Titusville	Christie's Place II
		1800 Harrison St Titusville, FL 32780 (321) 383-6000	909 Albion St NW Palm Bay, FL 32907 (321) 676-8112
		The Brookshire	Clare Bridge of W. Melbourne
		85 Bulldog Blvd Melbourne, FL 32901 (321) 984-7966	7199 Greenboro Dr West Melbourne, FL 32904 (321) 951-4455
		BV Assisted Living	Clarke's Assisted Living
		2127 W. New Haven Ave West Melbourne, FL 32904 (407) 724-0060	48 Emerson Dr NW Palm Bay, FL 32907 (321) 723-3096

For the most current listing of Nursing Homes, visit:
www.FloridaHealthFinder.gov

Compassionate Care
302 Bordeaux Ave NE
Palm Bay, FL 32909
(321) 345-4039

Courtenay Oaks
1100 South Courtenay Pkwy
Merritt Island, FL 32952
(321) 452-1233

Dahlia's House of Love
3081 Eldron Blvd SE
Palm Bay, FL 32909

Divine Living ALF
4630 Decatur Cir
Melbourne, FL 32934
(321) 622-4615

Eden's Garden
1598 Giles St NW
Palm Bay, FL 32907
(321) 499-3522

The Elms
1740 Elmhurst Cir
Palm Bay, FL 32909
(321) 951-2272

Enclave Assisted Living
1394 Enclave Dr
Rockledge, FL 32955
(321) 501-0583

Enclave Assisted Living II
2518 Bernice Ct
Melbourne, FL 32935
(321) 501-0583

Farrington House
1970 Farrington Dr
Merritt Island, FL 32952
(321) 208-7955

Florida Shores Of Melbourne I
2155 Keystone Ave
Melbourne, FL 32904
(321) 726-8070

Fountains Of Melbourne
4451 Stack Blvd
Melbourne, FL 32901
(321) 984-1494

Friends At Home Assisted Living
3680 Canaveral Groves Blvd
Cocoa, FL 32926
(321) 631-4005

Generations On The Beach
427 Oriole Ln
Indialantic, FL 32903
(321) 610-4626

Ginny's Place II
2251 Turtleound Rd
Melbourne, FL 32934
(321) 258-2351

Ginny's Place of Suntree
730 Whispering Pines Cir
Melbourne, FL 32940
(321) 258-2351

Ginny's Place
1198 Auburn Lakes Dr
Rockledge, FL 32955
(321) 258-2351

Glenbrooke At Palm Bay
815 Briar Creek Blvd NE
Palm Bay, FL 32905
(321) 956-3330

Glenville Pines
1351 Steele Rd SE
Palm Bay, FL 32909
(321) 984-7568

Glenville Pines II
1491 San Filippo Dr SE
Palm Bay, FL 32909
(321) 258-4056

Golden Wings Darrow
1351 Darrow Rd SW
Palm Bay, FL 32908
(321) 676-6331

Nursing Homes

Skilled nursing facilities are legally classified and licensed by the State of Florida. All listed facilities provide full nursing home care to meet a variety of needs. Nursing homes differ in size and environment. All welcome inquiries and provide on-site tours and information.

The patient's physician will often be involved in the decision to be admitted to a nursing home but will not select the facility. The physician must write an order for nursing home care for those covered by Medicare or Medicaid. The patient or family should talk with families of people who are in nursing homes. Prospective nursing homes should be visited before selection. Asking questions of the nursing home staff is very important. Criteria for selection may include:

- Fees and insurance coverage
- Physical facilities and environment
- Services provided, including amenities
- Staff size and duties
- Patient to staff ratio

Anchor Care And Rehabilitation Center

1515 Port Malabar Blvd NE
Palm Bay, FL 32905-5455
(321) 723-1235

Courtenay Springs Village
1100 S Courtenay Pkwy
Merritt Island, FL 32952
(321) 452-1233

The Health Center of Merritt Island

500 Crockett Blvd
Merritt Island, FL 32953
(321) 454-4035

Atlantic Shores Nursing and Rehab Center

4251 Stack Blvd
Melbourne, FL 32901
(321) 953-2219

Avante At Melbourne

1420 South Oak St
Melbourne, FL 32901
(321) 723-3215

Consulate Health Care Of Melbourne

3033 Sarno Rd
Melbourne, FL 32934
(321) 255-9200

Indian River Center

7201 Greenboro Dr
West Melbourne, FL 32904
(321) 727-0990

Huntington Place

1775 Huntington Ln
Rockledge, FL 32955
(321) 632-7341

Nurse Registries

Nurse registries arrange for nurses, certified nursing assistants (CNAs), home health aides, or homemakers/companions to provide services to clients in their home or place of residence.

Champion Home Health Care
580 N Wickham Rd Ste B
Melbourne, FL 32935
Phone: (321) 608-3838

Cornerstone Home Care Services LLC
1900 South Harbor City Blvd
Melbourne, FL 32901
(321) 821-7793

CSI Nurse World Inc
1220 Prospect Ave
Melbourne, FL 32901
(321) 722-0009

Family Private Care Inc
2210 Front St Ste 202
Melbourne, FL 32901
(321) 441-9999

Granny Nannies
1900 S Harbor City Blvd Ste 300
Melbourne, FL 32901
(321) 894-0655

Griswold Homecare of Melbourne
700 N Wickham Rd Unit 210
Melbourne, FL 32935
(321) 948-8555

Guardian Angel Adult Care Services
1899 Murrell Rd Ste 100
Melbourne, FL 32955
(321) 633-9730

Heavenly Gems Home Health Care
4640 Lipscomb St NE Ste 6 & 7
Palm Bay, FL 32905
(321) 574-0790

Heavenly Home PCS
950 N Cocoa Blvd Unit 102
Cocoa, FL 32922
(321) 632-0675

Levin Homecare Nurse Registry
1900 S Harbor City Blvd Ste 209
Melbourne, FL 32901
(321) 768-0958

Living Assistance Services Visiting Angels
474 N Harbor City Blvd Unit 2
Melbourne, FL 32935
(321) 953-8730

Senior Nannies Home Care Services Inc
6767 N Wickham Rd 400J
Melbourne, FL 32940
(800) 748-2129

Senior Partner In-Home Care
8085 Spyglass Hill Rd
Viera, FL 32940
(321) 253-6336

VIP America of Central Florida
7300 Watersong Ln
Melbourne, FL 32940
(321) 610-7987

Golden Wings Wendel
3116 Wendel Rd SE
Palm Bay, FL 32909
(321) 952-6623

Grammy's House Corp.
3401 Lakewood Dr
Melbourne, FL 32904
(321) 508-5514

Grand Villa of Melbourne
964 S Harbour City Blvd
Melbourne, FL 32901
(321) 725-0300

Hammock Manor
3366 Peninsula Cir
Melbourne, FL 32940
(321) 626-6672

Heritage Pointe
3831 Funston Cir
Merritt Island, FL 32952
(321) 626-6672

Hibiscus Court
540 East Hibiscus Blvd
Melbourne, FL 32901
(321) 951-1050

Horizon House
119 W. Suwannee Ln
Cocoa Beach, FL 32931
(321) 449-9639

House of Light Senior Living
2638 Jupiter Blvd SW
Palm Bay, FL 32908
(321) 368-5611

House of Light Senior Living II
839 Chelsea Ave NE
Palm Bay, FL 32905
(321) 806-7091

Inspired Living at Palm Bay
380 Malabar Rd SW
Palm Bay, FL 32907
(321) 574-6290

J & K Assisted Living, Inc
133 Lehigh Ave SE
Palm Bay, FL 32909
(321) 704-0053

Jackies Retirement ALF
1675 Canon Ave
Palm Bay, FL 32907
(321) 420-3916

Jacob's Ladder Family III Assisted Living
1504 Fiske Blvd
Rockledge, FL 32955
(321) 223-3967

Jerroll Care Assisted Living
107 Coffee St SE
Palm Bay, FL 32909
(321) 266-5166

K & S Tender Care
155 Aviation Ave NE
Palm Bay, FL 32907
(321) 557-6588

La Casa Assisted Living
220 N Grove St
Merritt Island, FL 32953
(321) 449-8880

Le Bonfire
152 Bonfire Ave
Palm Bay, FL 32907
(321) 473-8227

Lilac House
1770 S Lilac Cir
Titusville, FL 32796
(321) 449-9639

Living Southern Style of Brevard
821 Georgia Ave
Rockledge, FL 32955
(321) 243-0995

Lorig & Lorig
3131 Gatlin Dr
Rockledge, FL 32955
(321) 208-7143

Love Seniors Home
450 Sail Ln
Merritt Island, FL 32953
(321) 304-9590

Magnolia House
103 Yacht Haven Dr
Cocoa Beach, FL 32931
(321) 693-3462

Melba Cove
267 Melba Ave NW
Palm Bay, FL 32907
(321) 506-1650

Melodie's Place
4685 Lee St
Cocoa, FL 32926
(321) 806-4120

Melodie's Place on the River
715 South Tropical Trl
Merritt Island, FL 32952
(321) 537-2925

New Beginning Board & Care Home
256 Trilby Rd
Palm Bay, FL 32908
(321) 956-2082

New Beginning Board & Care Home
2971 Eldron Blvd SE
Palm Bay, FL 32909
(321) 956-2082

No Better Place
429 Freeman Rd NW
Palm Bay, FL 32907
(321) 327-3335

Nomel's ALF
3818 Jupiter Blvd SE
Palm Bay, FL 32909
(321) 984-4265

Norwood Assisted Living
325 Norwood St
Merritt Island, FL 32953
(321) 288-7473

Nursing Care By Angels
8085 Babcock St
Palm Bay, FL 32909
(321) 345-4774

Our House ALF
315 Wainai Dr
Merritt Island, FL 32953
(321) 449-9639

Palace Retirement Home
965 S Florida Ave
Rockledge, FL 32955
(407) 639-0004

Palm Cottages of Rockledge
3821 Sunnyside Ct
Rockledge, FL 32955
(321) 633-1819

Paradise Hill Home ALF
1682 Lara St NE
Palm Bay, FL 32907
(321) 327-4153

Peace Haven ALF
1090 Douglas St SE
Palm Bay, FL 32909
(321) 728-9459

The Place At Merritt Island
535 Crockett Blvd
Merritt Island, FL 32953
(321) 454-2363

Platinum Oaks ALF
3610 Manassas Ave
Melbourne, FL 32934
(321) 253-2050

R and C Ultimate Care
2660 SE Westside Ave
Palm Bay, FL 32909
(321) 953-2590

Riverview Retirement Center
4470 South Washington Ave
Titusville, FL 32780
(321) 383-2125

Hospice Care

Hospice care is a special program for the terminally ill and their families. A hospice team develops and implements a plan to continue life with as little disruption as possible. The plan normally includes pain management, respite care by trained volunteers, emotional and spiritual care, support services for caregivers, and bereavement counseling.

Hospice of Health First
1900 Dairy Rd
West Melbourne, FL 32904-4046
(321) 952-0494

Hospice of St. Francis
1250B Grumman Pl
Titusville, FL 32780-7927
(321) 269-4240

VITAS Healthcare Corporation of Florida
4450 W Eau Gallie Blvd Ste 250
Melbourne, FL 32934-7214
(321) 751-6671

Wuesthoff Brevard Hospice and Palliative Care
8060 Spyglass Hill Rd
Viera, FL 32940-7983
(321) 253-2222

For the most current listing of Hospice Care, visit:
www.FloridaHealthFinder.gov



Senior Helpers
7370 Cabot Ct Ste 102
Viera, FL 32940
(321) 426-7735

Senior Home Care
5545 N Wickham Rd Ste 101
Melbourne, FL 32940
(321) 452-5633

Seniorbridge
1510 S Harbor City Blvd
Melbourne, FL 32901
(321) 728-9530

Signature HomeNow
1205 Admiralty Blvd
Rockledge, FL 32955
(321) 338-2979

TEHC
846 N Cocoa Blvd Suite A
Cocoa, FL 32922
(321) 453-5535

Tender Touch Health Care
3819 Murrell Rd Ste C
Rockledge, FL 32955
(321) 638-0491

Tender Touch Health Care
1365 N Courtenay Pkwy Ste B
Merritt Island, FL 32953
(321) 455-6511

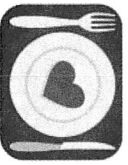
Visiting Homecare
2415 S Babcock St Ste E
Melbourne, FL 32901
(321) 574-1622

VNA Space Coast
1600 Sarno Rd, Ste 201
Melbourne, FL 32935
(321) 752-7550

Waypoint Home Health Care
115 S Park Ave
Titusville, FL 32796
(321) 267-2950

Wuesthoff Brevard Homecare
8060 Spyglass Hill Rd
Viera, FL 32940
(321) 253-2200

For the most current listing of Home Health Agencies, visit:
www.FloridaHealthFinder.gov



Seniors At Lunch

group dining at neighborhood sites

(321) 639-8770

a service of
AGING
Matters
IN BREVARD

Salus Beachside
1101 Seminole Dr
Indian Harbor Beach, FL 32937
(407) 451-5894

Salus Senior Services
2400 New York St
Melbourne, FL 32904
(321) 473-8471

Serenity Lifestyle Plus
490 Brighton Ave NE
Palm Bay, FL 32907
(321) 951-4070

Shangri-La ALF
997 Lyons Cir NW
Palm Bay, FL 32907
(321) 914-0669

Shangri-La II ALF
1212 Coral Reef Ave NW
Palm Bay, FL 32907
(321) 914-4635

Shangri-La III ALF
808 Gillen Ave NW
Palm Bay, FL 32907
(321) 914-1074

Shangri-La of Melbourne ALF
2204 Parsons Ave
Melbourne, FL 32901
(321) 298-5593

Sherwood House
2465 East Sherwood Cir
Cocoa, FL 32926
(321) 449-9639

Silver Pines Assisted Living
2360 Madrid Ave SE
Palm Bay, FL 32909
(321) 956-8141

Smiles & Loving Care
1065 Garden Rd
Merritt Island, FL 32952
(321) 454-4624

Sonata At Melbourne
3260 N Harbour City Blvd
Melbourne, FL 32935
(321) 600-4747

Southern Living of Titusville
2375 Jay Jay Rd
Titusville, FL 32976
(321) 225-4668

Southland Suites of Melbourne
2680 Croton Rd
Melbourne, FL 32935
(321) 255-5443

Sterling House of West Melbourne I
7300 Greenboro Dr
Melbourne, FL 32904
(321) 953-6464

Sterling House Of West Melbourne II
7200 Greenboro Dr
Melbourne, FL 32904-1424
(321) 725-3100

Stillwater ALF Corp.
2881 Quentin Ave SE
Palm Bay, FL 32909
(321) 914-3688

Stillwater ALF Scotten
750 Scotten Ave
Palm Bay, FL 32908
(321) 684-3691

Stillwater Brickell
1139 Brickell St
Palm Bay, FL 32909
(321) 409-9390

Sunny Days Adult Care
1767 Orchid Ct NW
Palm Bay, FL 32907
(321) 460-4882

Food Assistance

Food assistance includes home delivered and congregate dining meals, food stamps to help purchase food, and emergency food banks.

Senior Meals

Meals on Wheels
Seniors at Lunch

Sponsored by:

Aging Matters in Brevard

3600 W. King St
Cocoa, FL 32926
(321) 639-8770

www.AgingMattersBrevard.org

Emergency Food Distribution

Daily Bread, Inc.

815 East Fee Ave
Melbourne, FL 32901
(321) 723-9046

North Brevard Charities Sharing Center

4475 S. Hopkins Ave
Titusville, FL 32780
(321) 269-6555

Food Assistance Program

Florida Department of Children and Families

The Food Assistance Program helps low-income individuals purchase healthy food. To receive food assistance benefits, individuals must pass all eligibility requirements, which can be found on the Florida Department of Children and Families website at: www.myflorida.com/accessflorida

To request an application, call: 1-866-762-2237

To apply online, visit: www.myflorida.com/accessflorida

To download a Food Assistance Program Fact Sheet, visit: www.dcf.state.fl.us/programs/access/docs/factsheet.pdf

Central Brevard Sharing Center

133 Aurora St
Cocoa, FL 32922
(321) 631-0306

South Brevard Sharing Center

17 E. Hibiscus Blvd
Melbourne, FL 32901
(321) 727-8581
2881 Palm Bay Rd NE
Palm Bay, FL 32905
(321) 676-2965

The Salvation Army – North/Central

919 Peachtree St
Cocoa, FL 32922
(321) 632-6060

The Salvation Army – South

1080 S. Hickory St
Melbourne, FL 32901
(321) 724-0494

Section II – Health Care

Home Health Care

Home Health Care is wide ranging in scope, both in the types of medical problems and situations for which it can help, as well as in the level of care provided. Services may be provided on an occasional basis, on an intensive short-term basis, or on a long-term basis.

Home health care services are often provided as part of a treatment plan authorized by a physician and supervised by a registered nurse. Home care custodial services involve personal care and/or homemaking. Personal care includes help in such activities as bathing, dressing, maintaining a medication intake schedule, and assisting in prescribed therapy exercises. Homemaking includes light housekeeping, laundry, and light meal preparation.

Medicare Coverage of Home Health Care*

If an individual has Medicare, home health benefits may be accessed under the following conditions:

1. The patient must be under the care of a doctor and be getting services under a plan of care established and reviewed regularly by a doctor.
2. The doctor must certify that the patient needs one or more of the following:
 - Intermittent skilled nursing care
 - Physical therapy
 - Speech-language pathology services
 - Continued occupational therapy
3. The home health agency providing care must be Medicare-certified.
4. The patient must be homebound, and a doctor must certify that the patient is homebound. To be homebound means the following:

- Leaving the home is not recommended because of the patient's condition.
- The patient's condition prevents him/her from leaving the home without help.
- Leaving home takes a considerable and taxing effort.

A person may leave home for medical treatment or short, infrequent absences for non-medical reasons, such as attending religious services.

*Excerpted from www.Medicare.gov

Transportation - Non-Emergency continued

Contracted Routes

SCAT serves several not-for-profit agencies with contracted, demand/response service. The agencies served include Brevard Achievement Center, Bridges, Easter Seals, East Coast Contract Industries, and Seniors at Lunch. For more information, call (321) 633-1878.

Volunteers in Motion

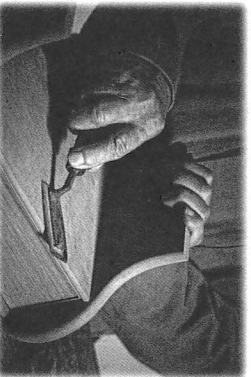
Volunteer drivers provide personalized service to frail and elderly eligible residents of Brevard County. Individuals needing a ride should call as far in advance as possible due to heavy volume of ride requests. To volunteer or for more information about services, call (321) 635-7999 or visit: www.ridescat.com/special-services/volunteers-in-motion

Medicaid Non-Emergency

Transportation Management Services (TMS) provides non-emergency Medicaid transportation under contract with the Florida Commission for the Transportation Disadvantaged. Individuals needing a ride should call as far in advance as possible due to the heavy volume of ride requests. For more information or to schedule a ride, call (866) 867-0729.

Space Coast Center for Independent Living (SCCIL)

The Space Coast Center for Independent Living "Need-a-Ride" program provides door-to-door, low cost, accessible transportation for individuals with disabilities, seniors, and veterans to the Veterans Administration Clinic, medical and legal appointments, adult daycare and assisted living facilities, grocery shopping, and social gatherings. A nominal fee is charged for transportation to destinations other than SCCIL activities or appointments. For more information, call (321) 806-3199 or visit: www.spacecoastcil.org



Homemaker and Companion Services

Homemaker and companion agencies provide services including housekeeping, cooking, running errands, and providing companionship to elderly individuals and adults with disabilities. They cannot provide personal care or nursing services. When responding to advertisements offering homemaker or companion services, it is important to check references and licensing. Homemaker and Companion Agencies are licensed by the Florida Agency for Health Care Administration. Licensed Home Health Care agencies that provide medical and personal care services are listed in the Health Care section of this directory.

A Caregiver's Heart

865 Oakwood Dr
Melbourne, FL 32940
(321) 622-2738

A-1 Community Choice

350 N Washington Ave, Ste B
Titusville, FL 32796
(321) 269-8563

Able Home Care

1509 Cheney Hwy
Titusville, FL 32780
(321) 607-6907

Aging Matters in Brevard

3600 W King St
Cocoa, FL 32926
(321) 639-8770

Always In Our Hearts Senior Services

1803 Cambridge Dr
Cocoa, FL 32922
(321) 544-5543

Beachside At Home Services LLC

128 Adams Ave Unit A
Cape Canaveral, FL 32920
(970) 266-7644

Brevard Affordable Home Care Agency, Inc

6505 Beard Ave
Cocoa, FL 32927
(321) 505-5768

Brevard Alzheimer's Foundation

4676 N Wicaham Rd
Melbourne, FL 32935-7103
(321) 253-4430

Caregiver Support Services

325 Felton Rd SW
Palm Bay, FL 32908
(321) 544-1388

Caregivers For Seniors

768 Norse St NW
Palm Bay, FL 32907
(321) 722-2242

Comfort Keepers - North Brevard

327 South Washington Ave
Titusville, FL 32796
(321) 268-3310

Comfort Keepers - South Brevard

327 South Washington Ave
Titusville, FL 32796
(321) 733-2787

Comforts of Home Care Associates
517C N Harbor City Blvd
Melbourne, FL 32935
(321) 255-0107

Companion Program of Sand Point
1800 Harrison St
Titusville, FL 32780
(321) 383-6000
Emily's Home
474 SE Haskell Ave
Palm Bay, FL 32909
(321) 953-3047

Firstlight Homecare of Melbourne
5054 Pinot St
Rockledge, FL 32955
(267) 221-6869
Friendly Helping Hands LLC
100 Summer Pl #8
Merritt Island, FL 32953
(321) 266-6580

Halo Premier Home Care
820 N Atlantic Ave #504 A
Cocoa Beach, FL 32931
(310) 383-5158
Health First Home Companions
220 S Courtenay Pkwy, Ste C
Merritt Island, FL 32952
(321) 459-1804

Heart To Heart
1852 Canova St SE Ste A
Palm Bay, FL 32909
Hidden Potentials
5650 S Washington Ave
Titusville, FL 32780
(321) 267-6318

Home Aide Of Florida
4898 Mildred Ct
Cocoa, FL 32927
(321) 480-7369

Home Instead Senior Care Melbourne
849 Sarno Rd
Melbourne, FL 32935
(321) 751-1003
Isaac Home Care Services
1515 N Huntington Ln #617
Rockledge, FL 32955
(321) 632-4559

Just a Friendly Elder
532 Gallagher St
Palm Bay, FL 32908
(321) 806-0502

Kelly Home Care
1293 Alto Vista Dr
Melbourne, FL 32940
(321) 480-5464

Lifecycle Support
3920 Caparosa Cir
Melbourne, FL 32940
(321) 223-6202

Living Well @ Home
4451 Stack Blvd
Melbourne, FL 32901
(760) 804-5900

One Senior Place Care Management, LLC
885 Spyglass Hill Rd
Melbourne, FL 32940
(321) 253-6330

Pampered Parents 2
4575 Rosebud St
Cocoa, FL 32927
(321) 591-2514

Transportation - Non-Emergency

Senior TranServe

Senior TranServe volunteers provide transportation for non-driving seniors within Brevard County to medical appointments, grocery shopping, social activities and other destinations of choice. Individuals requesting service must be 60 years old or older, ambulatory, and able to enter and exit the vehicle by themselves. Transportation services are provided by volunteer drivers. There is no fee for service; however, the program depends upon donations to help offset programmatic costs. The program requires at least a 7-day advanced notice for requests. Senior TranServe is a program of Aging Matters in Brevard. To request a ride or to volunteer as a driver, please call (321) 806-3729.

Vets Driving Vets

Vets Driving Vets volunteers provide transportation for ambulatory, low-income veterans within Brevard County to the Veterans Administration Clinic in Viera, medical facilities, grocery stores, and other basic needs destinations. There is no fee for service; however, the program depends upon donations to help offset programmatic costs. The program requires at least a seven-day advance notice. Vets Driving Vets is a program of Aging Matters in Brevard. To request a ride or to volunteer as a driver, please call (321) 806-3779.

Space Coast Area Transit (SCAT)

SCAT provides the following transportation options in Brevard County:

Fixed Route Bus Service

SCAT provides public bus service on 17 routes weekdays from Mims to Micco. Weekend service is also available in some areas. Fares for senior citizens are \$0.60 each ride. For schedules and information, call (321) 633-1878, or visit their website: www.ridescat.com

Paratransit Service

SCAT provides curb-to-curb service to assist those with mobility needs who are unable to utilize fixed-route buses through the use of wheelchair accessible Paratransit vehicles. For questions or to find out if you qualify for this service, call (321) 633-1878 or visit: www.ridescat.com/special-services

Telephone Assistance

Florida Public Service Commission Lifeline Assistance Program

The **Lifeline Assistance Program** provides a credit of at least \$9.25 per month on local residential telephone bills. Residents receiving state or federal help from Temporary Cash Assistance, Supplemental Nutrition Assistance Program, Medicaid, Low Income Home Energy Assistance Program, Supplemental Security Income, Federal Public Housing Assistance, or the National School Lunch free lunch program may qualify for the program. For more information or to apply, call (800) 540-7039 or visit: www.psc.state.fl.us/utilities/telecomm/lifeline

Emergency Alert Response System is an in-home system to alert emergency personnel on a 24-hour basis. For more information, search for Medical Alarms or Security Monitoring on the internet or in your local phone book.

Florida Telecommunications Relay Inc. (FTRI)

Space Coast Center for Independent Living
571 Haverty Ct, Suite W
Rockledge, FL 32955
(321) 632-9114

FTRI provides free specialized telephone equipment for enhancing access to the telephone system for the deaf, hard of hearing, dual sensory impaired, or speech impaired. To qualify, individuals must be a Florida resident, be at least 3 years old, and be certified by a physician or other licensed professional as having a hearing loss or speech impairment. Equipment includes telecommunication devices, volume control telephones, and visual or audio ring signalers. For equipment details, eligibility requirements, or to download an application form, visit www.ftri.org/cocoa

Transportation - Emergency

In a medical emergency, dial 911.

Brevard County Fire Rescue is the primary provider of emergency medical patient transport in Brevard County. The department responds to 911 calls with advanced life support for all areas in Brevard County.

Patchwork Quilt Companions

254 Sand Dollar Rd
Indialantic, FL 32903
(321) 773-2867

Roses Guardian Angels

576 Gardendale Circle SE
Palm Bay, FL 32909
(321) 626-8267

Senior Care & Repair

7014 Hammock Trace Dr
Melbourne, FL 32940
(321) 216-2267

Senior Care Services of Brevard

805 N Georgia Ave
Cocoa, FL 32922
(321) 514-5062

Senior Helpers

7370 Cabot Ct Ste 102
Viera, FL 32940
(407) 758-2562

Senior Partner Care Services

8085 Spyglass Hill Rd
Viera, FL 32940
(321) 253-6336

Seniors Helping Seniors

116 Delvalle St
Melbourne Beach, FL 32951
(321) 722-2999

Silver Link

1335 Forest Dr
Rockledge, FL 32955
(321) 536-4403

Solutions Support Services

1742 Macklin St
Palm Bay, FL 32907
(321) 674-9884

Spectrum of Love Home Care

Services, LLC
115 Hickory St
West Melbourne, FL 32904
(321) 215-5286

The Love Center Inc

801 E Hibiscus Blvd
Melbourne, FL 32901
(321) 264-0009

Visiting Homecare

2415 S Babcock St, Ste E
Melbourne, FL 32901
(321) 574-1622

Wisteria Elderly Care

189 Donald Ave NE
Palm Bay, FL 32907
(321) 345-4177

For the most current listing of Homemaker and Companion Services, visit:

www.FloridaHealthFinder.gov



Seniors Assistance Program

The Seniors Assistance Program sponsored by Aging Matters in Brevard provides short-term supportive services to seniors age 60 and over. Services include housing improvement, short-term homemaking and respite care, legal advice and assistance, and transportation to congregate meal sites. These services are provided at no cost to eligible seniors; however, the program depends upon donations to help offset programmatic costs.

Housing improvement services focus on environmental modifications to improve accessibility, safety, and security of the home. Background screened handymen install grab bars, build access ramps, and perform other minor home repairs. To be eligible, individuals must be 60 years of age or older and own their home. For additional information, call (321) 631-2744.

Short-term homemaker and personal care services are provided for individuals who have experienced an illness or injury that leaves them in need of assistance for a short time while they recuperate. Home care aides may help with housekeeping duties such as vacuuming, cleaning the bathroom, and doing laundry. They may also run errands, prepare light meals, and provide non-medical personal care. For additional information, call (321) 806-3802.

The Seniors Assistance Program contracts with Brevard County Legal Aid to provide **legal advice and assistance** on civil matters to Brevard County seniors. Services are limited. For more information, call (321) 631-2500.

The Seniors Assistance Program works in partnership with Space Coast Area Transit to provide **transportation to area Seniors at Lunch sites**. Individuals who attend most Seniors at Lunch congregate dining sites are eligible to receive door-to-door transportation to and from the dining site. Seniors at Lunch, a program of Aging Matters in Brevard, provides a nutritionally balanced lunchtime meal and social interaction. For more information on congregate dining locations and the Seniors at Lunch program, call (321) 639-8770.

Housing Rental Assistance

Funds to provide financial assistance in paying rent are available from the U.S. Department of Housing and Urban Development (HUD). Subsidized apartments in facilities designated as senior housing are also available.

Housing Authority of Brevard

County (HABC)
1401 Guava Ave
Melbourne, FL 32935
(321) 775-1592
www.habc.us

HABC North Office

584 Player Ln
Merritt Island, FL 32935
(321) 775-1577

HABC South/Melbourne Housing

Authority Office
4000 North Riverside Dr
Satellite Beach, FL 32937
(321) 775-1586

City of Cocoa Housing Authority

828 Stone St
Cocoa, FL 32922
(321) 636-8535
http://haccfl.com

City of Titusville Housing Authority

524 Hopkins Ave
Titusville, FL 32780
(321) 267-7288
www.titusville.com/CCBIndex.asp?
CCBID=12

Senior Centers

Senior Centers serve independent seniors in Brevard County by offering access to community resources and social, educational, and recreational services.

Freedom 7 Senior Center

500 Tom Warriner Blvd
Cocoa Beach, FL 32931
(321) 783-9505

Greater Palm Bay Senior Center

1275 Culver Drive NE
Palm Bay, FL 32907
(321) 724-1338
www.gpbcs.org

Martin Andersen Senior Center

1025 South Florida Avenue
Rockledge, FL 32955
(321) 631-7549
www.martinanderseniorcenter.com

North Brevard Senior Center

909 Lane Avenue
Titusville, FL 32780
(321) 268-2333
http://northbrevardseniorcenter.tripod.com

Wickham Park Senior Center

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494
www.bcscwp.com