

Agenda Report

2725 Judge Fran Jamieson Way Viera, FL 32940

Resolution/Award/Presentation

E.1. 5/18/2021

Subject:

Resolution proclaiming May 2021 as Mental Health Awareness Month

Fiscal Impact:

None

Dept/Office:

District 1 Commission Office

Requested Action:

It is requested that the Board approve a resolution proclaiming May 2021 as Mental Health Awareness Month

Summary Explanation and Background:

Recognizing May 2021 as Mental Health Awareness Month in order to increase the public understanding of the importance of mental health.

Clerk to the Board Instructions:

Please frame one resolution



FLORIDA'S SPACE COAST

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May 19, 2021

MEMORANDUM

TO: Commissioner Rita Pritchett, District 1 Attn: Carol Mascellino

RE: Item E.I., Resolution Proclaiming May 2021 as Mental Health Awareness

The Board of County Commissioners, in regular session on May 18, 2021, adopted Resolution No. 21-055, proclaiming May 2021 as Mental Health Awareness Month. Enclosed is a copy of the Resolution.

Your continued cooperation is greatly appreciated.

Sincerely,

BOARD OF COUNTY COMMISSIONERS

RACHEL M./SADOFF, CLERK

Kimberly Powell, Clerk to the Board

/dt

Encl. (1)





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BOARD OF COUNTY COMMISSIONERS

Resolution

WHEREAS, mental health is part of overall health; and

WHEREAS, mental health helps sustain an individual's thought processes, relationships, productivity and ability to adapt to change or face adversity; and

WHEREAS, mental health adversely affects those abilities and can be life threatening in nature; and

WHEREAS, one in four adults experience mental health problems in any given year, which can contribute to the onset of mental illness; and

WHEREAS, one in seventeen adults live with mental illness, such as major depression, bipolar disorder or schizophrenia; and

WHEREAS, approximately one-half of chronic mental illness begins at the age of fourteen; and

WHEREAS, long delays, often occur between the time symptoms first appear and when individuals get help; and

WHEREAS, early identification and treatment can make a profound difference in successful management of mental illness and recovery; and

WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that has surrounded mental illness and discouraged people from getting help; and

WHEREAS, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

NOW, THEREFORE, BE IT RESOLVED, THAT THE BOARD OF COUNTY COMMISSIONERS OF BREVARD COUNTY, FLORIDA, do hereby proclaim the month of May, 2021 as

MENTAL HEALTH AWARENESS MONTH

in order to increase the public understanding of the importance of mental health and to promote the identification and treatment of mental illnesses.

DONE, ORDERED AND ADOPTED, in regular session this 18th day of May, 2021.

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ATTEST:

RACHEL M. SADOFF, CLERK

RITA PRITCHETT, CHAIR BOARD OF COUNTY COMMISSIONERS BREVARD COUNTY, FLORIDA

RESOLUTION

WHEREAS, mental health is part of overall heath, and

WHEREAS, mental health helps sustain an individual's thought processes, relationships, productivity and ability to adapt to change or face adversity, and

WHEREAS, mental health adversely affects those abilities and can be life threatening in nature, and

WHEREAS, one in four adults experience mental health problems in any given year which can contribute to onset of mental illness, and

WHEREAS, one in seventeen adults live with mental illness such as major depression, bipolar disorder or schizophrenia, and

WHEREAS, approximately one-half of chronic mental illness begins at the age of fourteen, and

WHEREAS, long delays, often occur between the time symptoms first appear and when individuals get help, and

WHEREAS, early identification and treatment can make a profound difference in successful management of mental illness and recover, and

WHEREAS, every citizen and community can make a difference in helping end the silence and stigma that has surrounded mental illness and discouraged people from getting help, and

WHEREAS, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

NOW THEREFORE BE IT RESOLVED THAT THE BREVARD COUNTY BOARD OF COMMISSIONERS, do hereby proclaim the month of May, 2021 as Mental Health Awareness
Month in order to increase the public understanding of the importance of mental health and to
promote the identification and treatment of mental illnesses.

DONE, ORDERED AND ADOPTED, in regular session, this 18th day of May 2021, A.D.